



What's On this Summer holiday?

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Our Voice

The information in this guide has been collated by Our Voice, the Parent Carer Forum for the London Borough of Enfield.

We are a parent-carer-led team, who work with parents and carers, as well as the statutory (Local Authority and Health Services) and voluntary sectors to improve services for children and young people with disabilities or special educational needs (SEND), aged 0 -25, in the London Borough of Enfield. You can see more information about what we do on our website at

https://www.ourvoiceenfield.org.uk/about_us

We also run our own programme of events including family fun days (usually once a term) and other family events, as well as information and discussion events for parents and carers. Our most popular events are usually booked very quickly after opening, by the members of our mailing list.

If you are the parent carer of a child or young person with SEND we recommend that you sign up to our mailing list to be kept up to date with the latest news and developments – including our own events and other SEND-specific or inclusive play and leisure opportunities. You can do this either by emailing us at info@ourvoiceenfield.org.uk (please include your full name as well as your email address) or signing up via our website https://www.ourvoiceenfield.org.uk/contact_us

Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the Summer holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy -read format (often useful if you want to look at it with your child/young person) as well as a

variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](https://www.visitlondon.com)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](https://www.disabilityhorizons.com)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on the Local Offer [here](#).

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage 'Short Breaks' in Enfield.



The HAF Programme

The HAF Programme is generally open to any children who qualify for free school meals and provides free activities and meals during the school holidays. Details [here](#).

It is not a SEND-specific programme, but there are some SEND specific sessions. The scheme will be running from 29th July to 30th August. If you are eligible, you should have received a voucher via your child's school and details of relevant schemes – please contact the school if you haven't had this yet, and make your booking as soon as possible.



Other local activities

The Enfield Summer Programme sets out activities happening in our Borough over the summer. You can see the programme [here](#) and there is a brochure [here](#). The programme is not SEND-specific but you can use the filters to select events for children or teenagers or families with SEND.

Get With the Kids Vibe SEND summer play scheme

Get with the Kids Vibe are running a SEND summer play scheme on various dates from 29th July to 30th August, at Enfield Cricket Club on Lincoln Road. Details on the flyer [here](#).

A flyer for 'Funded Enfield SEND Summer Sports Camp 2024'. The flyer is yellow and features a sun icon in the top right. It includes the following text:

- Get With The Kids Vibe** logo and website: www.getwiththekidsvibe.co.uk
- Ofsted Registered** logo
- ENFIELD Council** logo
- Funded Enfield SEND Summer Sports Camp 2024**
- Text: "Get With The Kids Vibe is excited to announce the launch of our low-to mid-level, SEND focused, multi-activity sports camp this summer. Get With The Kids Vibe is dedicating experienced Sports Coaches and Activity Leaders across a number of our sites to deliver fun packed days for the kids over the holidays."
- Activities**: "Structured physical, sensory and enrichment activities to build confidence, develop life skills, encourage team work and leadership skills. Lots of arts and crafts and sporting activities will also feature throughout the camp."
- Location and Dates**:
 - Enfield Cricket Club, 9 Lincoln Road, Enfield, Middlesex EN1 2RY
 - Various dates between 29th July and 30th August.
 - Times: 9:30am - 1:00pm and 1:30pm - 5pm.
- SEND Information**: "This club will be suitable for children who have mild to moderate needs, who are able to go to the toilet and will not require support with personal care, eat their lunch with correct supervision, but do not need direct support in doing so. This provision is suitable for children who do not present risky behaviours such as being of harm to themselves or to others."
- Text: "Camps will be staffed by team members that have a passion for working with children. We have also recruited experienced personnel to support children with more complex needs. If you have a child with SEN, we encourage you to contact us about our SEND specific provisions of which there are three this summer. All staff are DBS cleared, first aid and safeguarding trained."
- To secure your place:** "Email your child's name, basic SEN information, school and your contact details, to info@getwiththekidsvibe.co.uk. You will be contacted and provided with a code so you can proceed with booking a space."

ENAS Play sessions for Autistic Children and their siblings

The Enfield branch of the National Autistic Society are continuing their series of play sessions for Autistic children and their siblings - sessions during the school holidays will be on Sundays 28th July and 25th August. Details are on the flyer – you can see a larger pdf version of this on our website [here](#).



Enfield NAS Play Sessions in memory of John Bowden Baker

at
Walker Primary School
The Green, Waterfall Road
Southgate, London N14 7EG

Enfield NAS would like to invite you with your autistic child/children and their siblings to an autism-friendly play session on the following dates:

Sunday 28th April 2024
Sunday 26th May 2024
Sunday 30th June 2024
Sunday 28th July 2024
Sunday 25th August 2024
Sunday 29th September 2024
Sunday 27th October 2024

Times: 1.30-3.30pm

Welcome to two hours of autism-friendly family fun! This is a chance for children of all ages to play, and parents/carers to relax and meet with other parents/carers. Art materials and board games will be provided inside and outside there is an extensive secure playground with a variety of different pieces of play equipment for children to enjoy. We will also make sure there is a quieter area to escape to if needed.

This is a play session organised exclusively for children with autism and their siblings.

Parents/carers must stay on site with their children at all times and are responsible for their own children at all times.

There is no need to book – just come along. No entry fee is charged but if you would like to make a donation to cover some of the costs then pop something in our collection box – donations are always gratefully received! Please feel free to bring your own healthy snacks – we will provide tea, coffee and soft drinks.

There is no on-site parking available at Walker School, but there is a public car park next door which may have spaces and plenty of parking in the streets near the school. Several buses (229, 121, 298, W6) stop at The Green, close to the school, and Southgate Tube Station is approx. 10 mins walk away.

Please take note that dogs are not permitted on site.

For more information regarding the play sessions please email: emma@enfieldnas.org.uk

Chickenshed – Festival of Fun

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all these events and activities over the summer see the Chickenshed events page [here](#). information [here](#).

Their Festival of Fun for all the family runs from 28 July – 11 August and offers shows, workshops, activities and more for all the family. See their website at

<https://www.chickenshed.org.uk/hire-us/tales-from-the-shed>

Chickenshed website: <https://www.chickenshed.org.uk/>



SCAN FOR MORE INFO & TO BOOK

Join us this summer at our Festival of Fun
28 Jul - 11 Aug

Tales Big Day Out
28 Jul 10am & 1pm
11 Aug 11.30am & 2pm
Ages 0-7yrs | £10
Free to babies under 12mths

The Tigon and the Liger Yoga
Wed 31 Jul 2pm
Ages 0-7yrs | £5
Free to babies under 6mths

Sunshine Tales from the Shed
31 Jul, 2, 3 & 10 Aug
(see website for times)
Ages 0-6yrs | £7
Free to babies under 6mths

Opera Blurgh
Thu 8 Aug 1.30pm & 3pm
Ages 0-5yrs | £5 | Free to babies under 6mths

CHICKENSHEd
THEATRE CHANGING LIVES
Chase Side, Southgate, N14 4PE
Box Office 020 8292 9222
www.chickenshed.org.uk
Registered charity no 1012369

Summertime Planet Play
3, 4 & 11 Aug
(see website for times)
Ages 0-3yrs | Adults £10
Babies & children FREE

Encyclopaedia of Happiness
Fri 9 Aug 1.30pm & 3pm
Ages 0-6yrs | £5
Free to babies under 6mths

Gulliver's Travels
1 - 10 Aug
(see website for times)
Ages 3+yrs | £8
Free to babies under 12mths

Step into the magical world of Gulliver's Travels - where the adventure never stops in this fun family musical.

SPECIAL OFFERS AVAILABLE
WHEN YOU BOOK FOR MORE THAN ONE EVENT



Sensory room at Enfield Town Library

Enfield Town Library has a small sensory space for children which is open to the public on Mondays from 10 am to 12 pm, as well as being available to book for private use. For details of sessions see <https://www.facebook.com/enfieldlibrary> or email enfieldtownlibraryhub@enfield.gov.uk



Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

On Saturday 3rd August at 11 am. Cineworld Enfield will have an Autism-Friendly showing of Despicable Me 4 (certificate U) Details and booking [here](#) (select the correct date and you will then be able to select the correct film)



Discover Digital Festival from Family Fund



Family Fund are running their free annual online 'Discover Digital' summer festival. Starting Tuesday 30 July, registrations are now open. Tailored to disabled and seriously ill children and young people and their families, the festival offers friendly online sessions where you can learn new skills and socialise during the summer holidays.

With workshops ranging from exploring how to create fun animations, to making a vlog and mastering the power of coding, families can book on to as many sessions as they like. To register and find out more details including the full lineup of workshops, head to Family Fund's website: www.familyfund.org.uk/discoverdigitalfestival

Tech workshop for neurodivergent girls

This tech workshop is for neurodivergent girls and non-binary individuals aged 11-18. Information [here](#).



ENTERTECH WORKSHOP

Tech education workshop for young neurodivergent girls in North London.

DAC

26 July | 12pm-2pm

Sports

Trampolining relaxed/SEND sessions



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every Monday 6 – 7 pm (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £10 per child (siblings welcome at the same price) and carers go free (show ID at check in).

Please pre-book your place at

<https://gojumpin.com/adventure-park-enfield/trampoline-park/sen-trampoline-session/>



Every Monday
6 – 7 pm

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Book here

Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

SEND sessions at Jump In Trampoline Park currently run on Monday evenings from 6 – 7 pm

See our flyer on the left and the Jump In website [here](#) for more information and booking.

Football

Enfield Town Disabilities Football Club also run free sessions every Saturday from 10 am to 12 pm at the 3G pitches, Enfield Playing Fields, Donkey Lane, EN1 3PL.

Sessions will be continuing during the school summer holidays this year.

For more information contact Paul Busson on 07908 776150 or Alfie Russell on 07843 816244

ETFC COMMUNITY SPORTS DEVELOPMENT

@fc_enfield
@etdfe
etfccommunity.co.uk

Enfield Town Disabilities Football Club

Free sessions at the 3G Pitches on
Enfield Playing Fields, Donkey Lane, EN1 3PL

Saturday Mornings 10am-12pm

All Disabilities Welcome.
Ages 14 and upwards

For further information, contact
Paul Busson on 07908 776150 or
Alfie Russell on 07843 816244



SEND Summer Cycling Fun

Bush Hill Park
Lincoln Rd, Enfield EN1 1JX

Tuesday 23rd July
Tuesday 30th July
Tuesday 6th August
Tuesday 13th August

Ages 8 – 25 years
Sessions can be booked at
half hourly intervals
10am, 10.30am, 11am, 11.30am
12noon, 1pm, 1.30pm, 2pm, 2.30pm

There will be a variety of accessible bikes for children and young people to try out and improve their cycling skills.

The flyer features a central illustration of a purple bicycle on a green field with yellow flowers. It is surrounded by four circular inset photos: a child on a blue bicycle, two people on a tandem bicycle, a person on a red bicycle, and a group of people with bicycles near a 'Bike Works' sign.

See the flyer for details of the [SEND summer cycling scheme](#), taking place at Bush Hill Park on Tuesdays 23rd and 30th July and 6th and 13th August with a variety of accessible bikes available.

More details can be found on the [Local Offer spotlight](#).

To book your place please email bike@enfield.gov.uk with your child or young person's name, age, school/college, and the date and time they would like to attend.

www.enfield.gov.uk



You might also want to check out Charlotte's tandems at <http://charlottestandems.weebly.com/> - they provide free tandem 'hire' for people with disabilities or additional needs, who are unable to ride a bike safely on their own.

Tandems can be collected from Potters Bar (and many other locations) and are usually hired for around 2 months (sometimes more)

Swimming sessions

Disability-friendly family swimming sessions, where the whole family can swim with the young person with disabilities currently take place:

- At the Albany Leisure Centre every Saturday 2.45 to 3.45 pm. Further details [here](#) and book via [this page](#) (select the correct date to see the booking link)
- At the Southbury Leisure Centre starting from 10th March, Sundays 3 -4 pm. Further details and the booking link [here](#)

The cost is £3.60 per session per person (adult or child) or free as part of a Better HF membership.



The leisure centres are looking at adding inclusive swim lessons to their offering, but do not yet have a date for this.

(Note: Edmonton Leisure Centre is currently closed for health and safety reasons, so their disability-friendly swim sessions on Sunday mornings are currently suspended)

Supported gym sessions

Inclusive gym sessions are available at Southbury Leisure Centre.

Adults and young people will be able to exercise with the support needed from one of the Centre's dedicated fitness instructors.



Sessions start at £3.30 per session or free as part of a Better HF membership.

Further details and the booking link [here](#)

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Teenagers and Youth clubs for ages 11+

Holiday camps for young people in receipt of free school meals

For young people age 11+ who are in receipt of free school meals, Enfield's Youth Development are providing three free holiday camps including hot meals. The Bell Lane Holiday Camp is SEND specific and available for young people aged up to 25 with SEND. See poster below and register [here](#).

FREE SCHOOL MEALS

Get Active & Tuck In Holiday Camps

Trips available subject to availability - Top Golf, Bubble Planet, LDN Gravity & Thorpe Park

Enfield Council Youth Development Service are providing fantastic free activities and hot meals for young people in receipt of free school meals during the 4 week summer break. There are 3 holiday camps running.

The summer camps will be packed with a range of activities to choose from such as Drama, Music, Art & Craft, Sport and many more.

Bell Lane Youth Centre - SEND Specific
Every Monday & Tuesday
DATE: 29 July - 20 August
TIME: 11am-4pm AGE: 11-19 (up to 25 for SEND)

Ponders End Youth Centre
Every Monday - Thursday
DATE: 29 July - 22 August
TIME: 11am-4pm AGE: 11-16

Craig Park Youth Centre
Every Monday - Thursday
DATE: 29 July - 22 August
TIME: 11am-4pm AGE: 11-16

 @Youth_Enfield #supportingyoungenfield

Email: SUregistration@enfield.gov.uk

Register now: www.youthenfield.taptub.co.uk/summeruni24



Summer Uni

The Summer University is a free programme of activities for young people aged 11 – 25 (up to 19 if they don't have SEND) running across the summer holiday period.

You can see the full brochure [here](#) The programme includes 'Summer Uni Plus' activities for children and young people with Special Educational Needs and Disabilities (SEND) at the Bell Lane Youth Club - see page 5 of the booklet.

The whole programme is intended to be accessible. If you are not sure whether a particular activity/session is suitable for your child's needs, please email suregistration@enfield.gov.uk to discuss.

Your child/young person will also need to be registered on the Youth Enfield Portal – if you have not already done this please [click here](#)



ECYPS 'Teenscheme' for Summer: ages 11 – 17

ECYPS are running a summer Teenscheme programme for ages 11- 19 (17 for young people without SEND), running from 29th July to 20th August. You can see the pdf version of the flyer on our website [here](#). Please register [here](#) or scan the QR code on the flyer

A flyer for 'ECYPS TEENSCHHEME' with an orange and teal background. It features a QR code, a photo of a young person, and text including 'HOLIDAY PROGRAMME', 'Check Out Our Upcoming Events Summer term', 'Summer Teenscheme', dates '29TH - 30TH JULY', '5TH - 6TH AUGUST', '12TH - 13TH AUGUST', '19TH - 20TH AUGUST', and 'Summer Trips' like 'Hollywood Bowl' and 'Go Ape Alexandra Palace'. It also mentions 'Trips Funded by: BBC Children in Need' and contact information for 'teenschemeecyps@gmail.com'.

A flyer titled 'Summer TeenScheme 2024 PROGRAMME INFORMATION' with a white background and orange and teal borders. It contains 'PROGRAMME INFORMATION', eligibility criteria 'IF YOU ARE AGED 11 - 17 YEARS AND LIVE IN ENFIELD', activity dates, a registration link 'https://forms.gle/wFPXD7PJLQaaj0BJJ6', a QR code, and a 'LUNCH' icon. It also includes details about 'TRIPS' and 'BOOKING IN ADVANCE IS ESSENTIAL'.

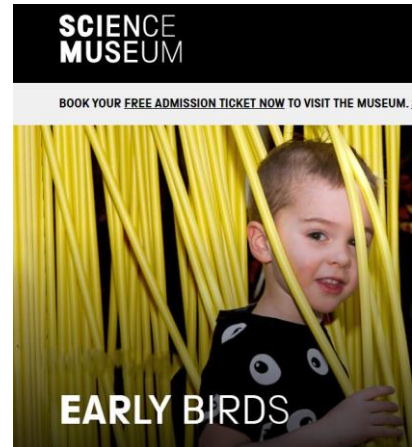
Museums and London landmarks and attractions

Many of the London Museums offer special relaxed sessions aimed at Autistic children and young people. The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Sensory Friendly events at the Science Museum

The Science Museum runs a series of sensory-friendly accessible events for families with members who benefit from avoiding the noise and crowding when the Museum is open to the general public.

Early Birds: the museum runs early bird sessions on selected weekends throughout the year when the museum is closed to the general public. Their next session will be on 20th July 6.30 pm to 9.30 pm. These events are aimed at children aged 4- 15 (including siblings) and all places must be pre-booked. More information is available [here](#).



General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#).

It's also useful to be aware that any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.

Their 'Dawnosaurus' programme will be running a session on 14th August – information [here](#).



Alternatively they have an online section at [Dawnosaurus Online | Natural History Museum \(nhm.ac.uk\)](#) or you could visit the Natural History Museum in Tring (see below).

SENDSational Mornings at Natural History Museum Tring

The Natural History Museum in Tring is running its SENDsational morning on Sunday 18th August from 10 am – 12 noon – see [here](#) for more information and the booking link (booking should open approximately 3 weeks before the event).



This event is aimed at children with neurodiverse conditions (including Autism and other sensory processing difficulties) aged 5-15, and their families, and enables them to experience the museum in a quieter environment. Visitors will have opportunities for specimen handling, a 'big draw' and a gallery trail, all supported by experienced autism-aware facilitators. Tickets are free but you must pre-book.

The London Transport Museum

The London Transport Museum frequently runs Early and Evening Explorer Events for families with SEN including Autism. The museum is opened outside their regular hours to allow families to enjoy the museum at a quieter time, free from the general public and with many of the gallery sounds turned off. During the summer holidays, they are running a Family Explorer session on Saturday 27th July from 8.30 am to 10 am – details and booking [here](#).



They also provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#), as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

The Postal Museum

The Postal Museum runs Relaxed events which they have co-produced with Ambitious about Autism and a group of their autistic Youth patrons, and which are suitable for autistic and neurodiverse people and their families, and anyone who would benefit from visiting the museum when it is quieter.

Tickets for these sessions cost £3.50 per person and must be pre-booked. See details [here](#). During the summer holidays a session will run on 12th August.





The Wellcome Collection's exhibition '[Jason and the Adventure of 254](#)' presents the artists exploration of the body drawing on his experience of becoming disabled as a child.

There are relaxed opening sessions on Sunday 21st July (6.30 to 8.30 pm) and Friday 23rd August 10 am to 12 noon.

These sessions include sensory support equipment (such as ear defenders, tinted glasses, stim toys and weighted lap pads), cushions and mats if you need to sit or lie down, and a chill out space, as well as fewer people in the exhibition and extra staff to help you.

Details [here](#).

The Tower Bridge Experience

The **Tower Bridge Experience** runs relaxed sessions on the third Saturday of each month, with various sessions available to book between 9.30 and 11.30. There will be a session taking place on Saturday 10th August. For more information including booking arrangements see [here](#).



Hampton Court Palace: Rise and Roar quiet session in the magic garden

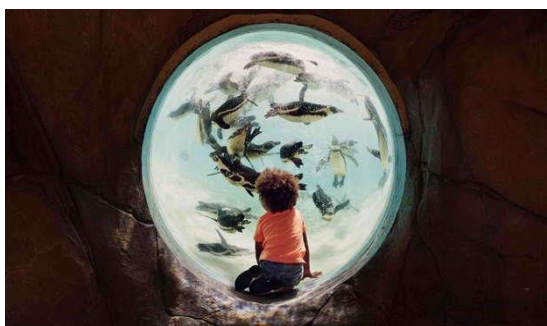
The 'Magic Garden' at Hampton Court Palace is a unique interactive playground with aerial walkways, a dragon and an underground grotto. Their quiet sessions are aimed at Autistic Children and young people/ those with sensory needs, and their families and carers.

The next sessions will be from 9.30 to 11 am on 28th July and 18th August. See [here](#) for information, prices and booking.



Zoos

London Zoo



London Zoo has a programme of inclusive activities – see [here](#)

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues.

During the Summer holidays they will have the following events for individuals with additional needs:

Relaxed openings on Tuesday 30th July and 20th August at 6.15 pm (after the Zoo closes to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and booking [here](#).



Audio Described Tour on 21st August – see [here](#) for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

British Sign Language Day on Friday 16th August - see more information [here](#). There will be two, 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work.



Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Relaxed openings take place on the last Sunday of each month from 9 – 10 am. Dates and booking links are added to the 'Accessible Activities and Relaxed openings' page [here](#) During the summer holidays the dates will be Sunday 28th July and Sunday 25th August - see [here](#) to book

Hertfordshire Zoo (previously known as Paradise Park) have an accessibility page (including information about discounted tickets) at [Disabled Access to the zoo & play area | Hertfordshire Zoo](#) The Zoo has sensory bags available for rental which include fidget tools and noise cancelling headphones.

This booklet is provided for information only. All the activities in this booklet are run by organisations outside of Our Voice and inclusion in this booklet should not be taken as an endorsement of any particular activity or provider.

Although all information is accurate at the time of writing, to the best of our knowledge, please do check with individual providers and websites to make sure that there have not been any changes and to ensure that the activity is suitable for your child/young person.

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice)

and on Instagram at <https://www.instagram.com/ourvoiceenfield/>



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