



What's On this Summer holiday?

Introduction	2
'Local Offer' information	2
General Guidance	2
Playschemes and other activities	2
Sensory room at Enfield Town Library	3
Sensory play for under 5s	3
Cinema.....	3
Trackplay	4
Sports	5
Trampolining relaxed/SEND sessions	5
Football	5
Cycling.....	6
Swimming sessions.....	6
Sports at home	6
SEND Youth Club for ages 11+.....	7
Museums and London landmarks and attractions	8
Science Museum	8
Natural History Museum.....	8
The London Transport Museum	8
Zoos	9

Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the Summer holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy -read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this (updated 12th July 23) is on the Local Offer [here](#).



www.enfield.gov.uk



Sensory room at Enfield Town Library



Enfield Town Library has a small sensory space for children which is open to the public on Mondays from 10 am to 12 pm, as well as being available to book for private use. For details of sessions see <https://www.facebook.com/enfieldlibrary> or email enfieldtownlibraryhub@enfield.gov.uk

Sensory play for under 5s

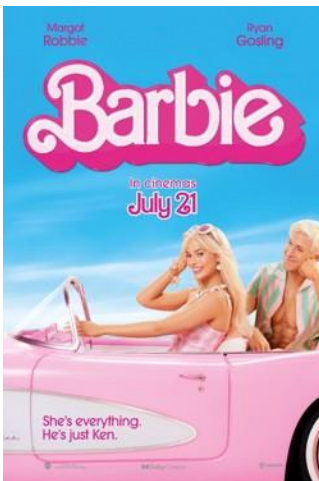
'Squish space' is a sensory play space at the Barbican for children aged 5 and under and their families.

For more details and to pre-book your free space, see the website [here](#). Tickets are currently available for each day at half term from 10 am to 3 pm. Places are limited and pre-booking is recommended. For any questions, contact Creative.learning@barbican.org.uk



Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.



To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

Many cinemas run Autism-friendly/ relaxed showings of films – see information on the [Dimensions website](#). Adjustments are made to reduce stress and sensory input such as low lighting and sound and freedom to move around during the screening.

The next Relaxed showing at Cineworld Enfield will be Barbie (certificate 12a) at 11 am on Friday 1st September – go to the Cineworld site [here](#) and select the 1st September to find the details and booking link.

Please note that this is a film aimed at adults and young people rather than younger children.

Art workshop for ages 14 and over



**CALLING ALL
CREATIVES**

Love art and want to explore the topic of food?
Come along to Summer University and get your
work exhibited!

Learn how to make your own sketchbook and
create some inspiring collages

Open to ages 14-18 (or 25 in case of SEND)

For more information, contact
grace.murray@enfield.gov.uk

23RD AND 25TH AUGUST
11AM - 2.30PM

Edmonton Green Library

Trackplay

Although there are no SEND-specific Trackplay sessions coming up in the Enfield area, Trackplay will be running open sessions (not SEND-specific) on Wednesday 30th August at Forty Hill Primary School.



These 90-minute play sessions are very popular with many of our young members.

These events are great fun for children who love trains. Please note that these are general sessions open to the public, so they may be relatively noisy.

Full details and booking link [here](#).

Sports

Trampolining relaxed/SEND sessions



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every Monday 6 – 7 pm (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £10 per child (siblings welcome at the same price) and carers go free (show ID at check in).

Please pre-book your place at

<https://gojumpin.com/adventure-park-enfield/trampoline-park/sen-trampoline-session/>



Every Monday
6 – 7 pm

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Book here

Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

SEND sessions at Jump In Trampoline Park currently run on Monday evenings from 6 – 7 pm

See our flyer on the left and the Jump In website [here](#) for more information and booking.

Football

Enfield Town Disabilities Football Club also run free sessions every Saturday from 10 am to 12 pm at the 3G pitches, Enfield Playing Fields, Donkey Lane, EN1 3PL.

Sessions will be continuing during the school summer holidays this year.

For more information contact Paul Busson on 07908 776150 or Alfie Russell on 07843 816244

ETFC COMMUNITY SPORTS DEVELOPMENT

@fc_enfield
@etdffc
etfccommunity.co.uk

Enfield Town Disabilities Football Club

Free sessions at the 3G Pitches on
Enfield Playing Fields, Donkey Lane, EN1 3PL

Saturday Mornings 10am-12pm

All Disabilities Welcome.
Ages 14 and upwards

For further information, contact
Paul Busson on 07908 776150 or
Alfie Russell on 07843 816244

Cycling

Charlotte's tandems at <http://charlottestandems.weebly.com/> provide free tandem 'hire' for people with disabilities or additional needs, who are unable to ride a bike safely on their own.

Tandems can be collected from Potters Bar (and many other locations) and are usually hired for around 2 months (sometimes more)

Swimming sessions

Edmonton Leisure Centre offers Disability-Friendly Family Swimming sessions every Sunday from 11 am to 12 pm.

The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).



Further details are available [here](#).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

SEND Youth Club for ages 11+



Come and Join us...

SEND Youth Centre

Healthy relationship workshops Personal safety Support to develop life skills Sports sessions

We welcome children and young people with a wide range of differences and we typically have a staff to young person ratio of 1:5

BELL LANE YOUTH CENTRE, EN3 5PA

EVERY TUESDAY
6.30pm - 8.30pm

Sign up online today
to register your interest please see website below
www.youthenfield.taptub.co.uk

Youth Enfield
ENFIELD Council

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) will continue as usual during the School Summer holidays. This is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening.

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.



Museums and London landmarks and attractions

Many of the London Museums offer special relaxed sessions aimed at Autistic children and young people. The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Science Museum

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#), including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#).

It's also useful to be aware that any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.



The Natural History Museum runs a programme of events called 'Dawnosaurs - when the museum opens early so visitors can enjoy the museum in a quieter environment, before the general public are admitted. The events are supported by experienced Autism aware facilitators and are aimed at children aged 5-15 (siblings welcome). The next session takes place **on Saturday 2nd September 8 – 10 am** and has a Dinosaurs theme.

Information and booking at [Dawnosaurs: Relaxed Morning Visit | Natural History Museum \(nhm.ac.uk\)](#)

They also have an online section at [Dawnosaurs Online | Natural History Museum \(nhm.ac.uk\)](#)

The London Transport Museum

There are no further SEN specific events at the London Transport Museum this summer holiday.

However they do provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#), as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

Zoos



London Zoo's programme of accessible events for the summer holidays has now finished (though there will be more events during term-time and future holidays).

For information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues.

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Relaxed openings take place on the last Sunday of each month from 9 – 10 am. The next date will be Sunday 27th August - see [here](#) to book

Paradise Park's accessibility page is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone 07516 662315 Email: info@ourvoicenfield.org.uk

Website: www.ourvoicenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoicenfield/> on [Twitter@EnfieldOurVoice](#) and

on Instagram at <https://www.instagram.com/ourvoicenfield/>



If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database.