



What's On this Easter holiday?

Introduction	1
'Local Offer' information	2
General Guidance.....	2
Playschemes and other activities	2
Sensory room at Enfield Town Library	2
Sensory play for under 5s.....	3
Cinema	3
Sports	4
Trampolining relaxed/SEND sessions	4
SEND Cycling	4
Swimming sessions.....	5
Supported gym sessions.....	5
Sports at home.....	5
SEND Youth Easter holiday activities and food	6
Museums and London landmarks and attractions.....	7
Science Museum	7
Natural History Museum.....	7
The London Transport Museum.....	7
Zoos.....	8

Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the Easter holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy -read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)



www.enfield.gov.uk



Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on the Local Offer [here](#).

Sensory room at Enfield Town Library



Enfield Town Library has a small sensory space for children which is open to the public on Mondays from 10 am to 12 pm, as well as being available to book for private use. For details of sessions see <https://www.facebook.com/enfieldlibrary> or email enfieldtownlibraryhub@enfield.gov.uk

Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under and their families.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is recommended.

For any questions, contact Creative.learning@barbican.org.uk



Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.



Many cinemas run Autism-friendly/ relaxed showings of films – see information on the [Dimensions website](#). Adjustments are made to reduce stress and sensory input such as low lighting and sound and freedom to move around during the screening.

The next Relaxed showing at Cineworld Enfield will be Kung Fu Panda 4 (PG) at 11 am on Saturday 6th April. Bookings [here](#) (select the correct date to find the specific showing to book).

Sports

Trampolining relaxed/SEND sessions



Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every Monday 6 – 7 pm (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £10 per child (siblings welcome at the same price) and carers go free (show ID at check in).

Please pre-book your place at

<https://gojumpin.com/adventure-park-enfield/trampoline-park/sen-trampoline-session/>



Every Monday
6 – 7 pm

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Book here

Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

SEND sessions at Jump In Trampoline Park currently run on Monday evenings from 6 – 7 pm. These are scheduled to continue during the Easter holidays on 1st, 8th and 15th April.

See our flyer on the left and the Jump In website [here](#) for more information and booking.

SEND Cycling

During the school holidays, there will be SEND cycling sessions at Firs Farm Wetlands Park on Tuesday 2nd April and Tuesday 9th April – see the flyer for details.

There is also a community hub café which has fully accessible toilet facilities with a hoist and changing bed.

There is a larger version of the flyer on our website [here](#).

SEND Easter Cycling Fun

Firs Farm Wetlands Park and Playing Fields
Firs Lane, Enfield N21 2PJ

Tuesday 2nd April 2024
Tuesday 9th April 2024

10am – 11am
11am – 12noon
12noon – 1pm
1pm – 2pm
(8 – 25 years)

There will be a variety of accessible bikes for children and young people to try out and improve their cycling skills.

There is a community hub café where families can buy refreshments and fully accessible toilet facilities with a hoist and changing bed. Why not make a day of it and enjoy the Wetlands.

To book your place please email bike@enfield.gov.uk with your child or young person's name, age, school/college, and the date and time they would like to attend.

www.enfield.gov.uk



Swimming sessions

Disability-friendly family swimming sessions, where the whole family can swim with the young person with disabilities currently take place:



- At the Albany Leisure Centre every Saturday 2.45 to 3.45 pm. Further details [here](#) and book via [this page](#) (select the correct date to see the booking link)
- At the Southbury Leisure Centre starting from 10th March, Sundays 3 - 4 pm. Further details and the booking link [here](#) (booking will be live from 29th February).

The cost is £3.60 per session per person (adult or child) or free as part of a Better HF membership.

The leisure centres are looking at adding inclusive swim lessons to their offering, but do not yet have a date for this.

(Note: Edmonton Leisure Centre is currently closed for health and safety reasons, so their disability-friendly swim sessions on Sunday mornings are currently suspended)

Supported gym sessions

Inclusive gym sessions are available at Southbury Leisure Centre. Adults and young people will be able to exercise with the support needed from one of the Centre's dedicated fitness instructors.

Sessions start at £3.30 per session or free as part of a Better HF membership.

Further details and the booking link [here](#)



Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

SEND Youth Easter holiday activities and food

A free, SEND-specific Easter camp for ages 11 to 25 will be running at the Bell Lane Centre on Tuesday 2nd, Wednesday 3rd, Tuesday 9th and Wednesday 10th April, 11 am to 3.30 pm. Details and booking link [here](#). Lots of activities including multi-sports, music production, gaming and cooking.

ENFIELD YOUTH DEVELOPMENT SERVICE

GET ACTIVE & TUCK IN

CRAIG PARK, PONDERERS END, BELL LANE & OASIS ACADEMY HADLEY

EASTER HOLIDAY ACTIVITIES & FOOD PROGRAMME

Enfield Council Youth Development Service is working in partnership with Oasis Community Hub to provide fantastic free activities and hot meals during the Easter break. There are 4 holiday camps running at:

Location	Address	Dates & Times
PONDERS END Easter Holiday Camp	141 South Street Enfield EN3 4P	Tue 9 - Fri 12 Apr 11 am - 3:30pm
UNITY HUB Easter Holiday Camp	2 Baxter Road Edmonton N18 2HN	Tue 2 - Fri 5 Apr 11 am - 3:30pm
BELL LANE SEND Holiday Camp	Bell Lane Enfield EN3 5PA	Tue 2, Wed 3, Tue 9, Wed 10 Apr 11 am - 3:30pm
OASIS ACADEMY Easter Holiday Camp	9 Kinetic Crescent Enfield EN3 7XH	Tue 2 - Fri 5 Apr 11 am - 3pm

HOW TO ACCESS

If you are aged between 11-16 and you are currently receiving free school meals, a unique booking code will be sent by email to eligible parents on Wednesday 13 March. If you did not receive your voucher, please firstly contact your child's school or email HAF@enfield.gov.uk

Interested?

Email youthenfield@enfield.gov.uk
www.youthenfield.taptub.co.uk

Programme is funded by Department of Education


Department
for Education



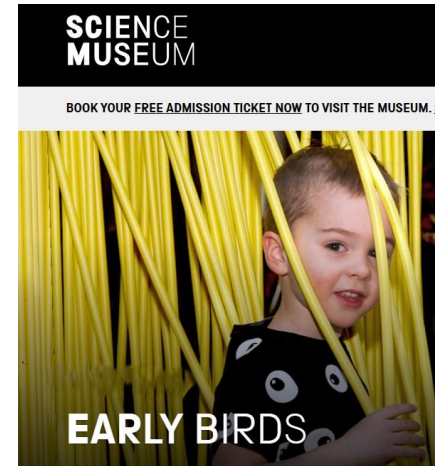
Museums and London landmarks and attractions

Many of the London Museums offer special relaxed sessions aimed at Autistic children and young people. The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Science Museum

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#), including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)

The Science Museum runs three programmes of free relaxed events. During the Easter holidays, they will be running one of their **Early Birds** sessions on Saturday 13th April, from 8 am to 11 am. These events are aimed at children aged 4- 15 (including siblings) and all places must be pre-booked. More information is available [here](#).



Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#).

It's also useful to be aware that any disabled children/young people and their accompanying family members and personal carers can jump the queues to enter the museum – please approach a member of staff on arrival.

There are no SEND-specific sessions running this Easter.

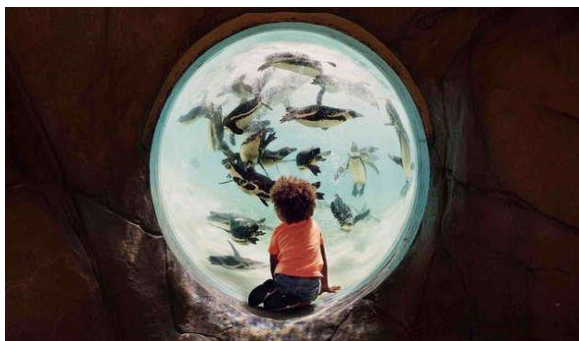
The London Transport Museum

There are no SEND-specific events at the London Transport Museum this Easter holiday.

However, they do provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#), as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

Zoos

London Zoo has a programme of inclusive activities – see [here](#)



For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues.

During the Easter holidays they will have three events for individuals with additional needs:

Relaxed openings on Tuesday 2nd April from 8.30 to 10 am (before the Zoo opens to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. Information and booking [here](#).

Audio Described Tour on Wednesday 3rd April starting at 10.45 am - see here for [details](#) and information on how to book. This 2-hour tour of the Zoo uses Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Relaxed openings take place on the last Sunday of each month from 9 – 10 am. During the Easter holidays this will be on Sunday 31st March- see [here](#) to book

Hertfordshire Zoo (previously known as Paradise Park) have an accessibility page (including information about discounted tickets) at [Disabled Access to the zoo & play area | Hertfordshire Zoo](#) The Zoo has sensory bags available for rental which include fidget tools and noise-cancelling headphones.

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoiceenfield/> on [@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and

on Instagram at <https://www.instagram.com/ourvoiceenfield/>



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