

# What's On in the Christmas holidays?



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## Introduction

In this update we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the Christmas period in (or close) to the Enfield area.

We have included playschemes, and a wide range of activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Please note that the impact of Coronavirus may have changed how some venues are operating and could mean that venues close (or cancel specific activities) at short notice so whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit.

Our website also includes some [activities to keep your child entertained at home](#) which you may find useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

## ‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND).

It contains a section on [activities and things to do](#), about [holidays](#) which has a list of organisations that provide specialist holidays or fund holidays for families with disabled children. There is also information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#) in Enfield.

## Thinking of visiting a new venue?

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find. The [AccessAble](#) website gives detailed (and free) information about the accessibility of over thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that the impact of Coronavirus may have changed how some venues are operating, so do check directly with the venue as appropriate.

## General Guides

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

## Christmas shopping

Looking for Christmas presents for your children? [Contact](#), the charity for families with disabled children, has a useful online shop called Fledglings which has a range of toys and gift ideas for children with SEND, as well as a good range of more practical items. You can see the whole range [here](#).

## Our Voice events:



### Trampolining party

Our Voice are planning a Trampolining party on Thursday 16<sup>th</sup> December from 6-8 pm at Jump In Enfield.

This will be strictly pre-booked only, and will be exclusively for members of the Our Voice mailing list.

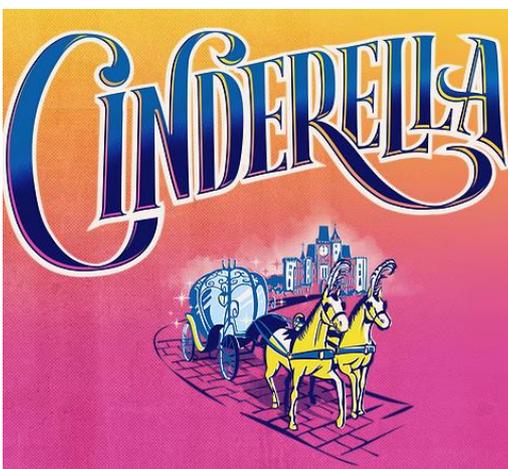
Numbers will be strictly limited, and places are filling up fast so do get in touch as soon as you can to avoid disappointment.

### Online magic party for children

We are delighted that the ever-popular Mr Marvel will be presenting an online party for the children of Our Voice members on Monday 3<sup>rd</sup> January from 3.30 to 4.30 pm.

Places are free but must be pre-booked and are exclusive to Our Voice members and their immediate families, so please join our mailing list if you would like to come.

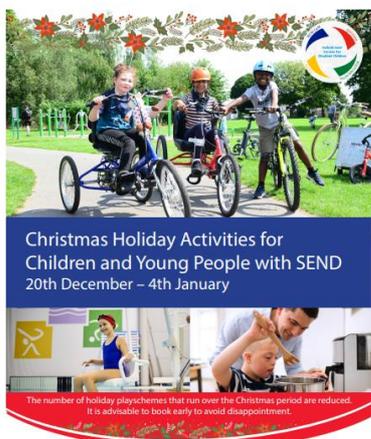
This event is exclusive to Our Voice members and their immediate families, so please do not share the booking link with anyone else. Numbers are limited and will be on a first-come-first-served basis, so don't delay!



### Online pantomime

This year Our Voice is planning an online pantomime for our members. Watch out for details of how to book your free place – coming very soon!

# Playschemes and other activities



www.enfield.gov.uk



The Local Authority has now published its booklet setting out playschemes and activities for the Christmas holiday period. You can see the booklet [here](#).

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities.

ENFIELD Council

Endorphins

## INCLUSIVE SHORT BREAKS HOLIDAY SESSIONS

20<sup>th</sup> & 21<sup>st</sup> December 2021 10AM – 3PM  
ARK John Keats Academy, Enfield

Sign-up for our safe and supportive Christmas programme for children and young people with disabilities and additional needs aged 8– 14 years with a 1:3 staff ratio

Prebookable only. Please contact [fava@endorphins.uk](mailto:fava@endorphins.uk) or call 0203 375 9045

## December School Holiday Play scheme, Enfield

20th - 23rd & 29th - 31st December

Centre 404 are providing 7 days of Playscheme for children and young people in Enfield over the December school holidays.

We're offering a variety of sessions including:

- Sports
- Day Trips
- Drama and Music
- Cooking

We will provide a 5 hour day, from 10am - 3pm

Oaktree School, 315 Chase Side, N14 4HN

- 1:1 support provided if your child has challenging behaviour, or additional physical needs
- Our Support workers have experience and are trained to work with children with challenging behaviour, complex communication and autism
- Both support workers and volunteers are DBS checked and have protection training

To book a place please call or email  
January Jones: [januaryj@centre404.org.uk](mailto:januaryj@centre404.org.uk) - 07932576969

**CENTRE 404** Supporting people with learning disabilities, autism & their families

404 CAMDEN ROAD, LONDON, N7 0SJ WWW.CENTRE404.ORG.UK REGISTERED CHARITY 299889

## ALWA Specialist Play Scheme

### CHRISTMAS HOLIDAY CLUB

Fun filled days for Autistic children aged 5-15 yrs: bouncy castle, ride on cars, soft play, sensory play & more..

£55 Per day

For more info Contact Tee on 07306403908

Mon 20th & Tues 21st December 2021 - 10am-3pm

[www.abundantlivingwithautism.org.uk](http://www.abundantlivingwithautism.org.uk)  
[info@abundantlivingwithautism.org.uk](mailto:info@abundantlivingwithautism.org.uk)

RUSSET HOUSE SCHOOL 11 AUTUMN CLOSE EN1 4JA

OFSTED REGISTERED

BOOK NOW

## Zebras Relaxed Santa Visit 2021

For children with SEND & their siblings  
Held at Santa's Grotto - Zebras New Hub in Enfield  
"SATURDAY 11TH DECEMBER"

For more info about time slots and to book your FREE visit  
email us at [zebrascharityom@outlook.com](mailto:zebrascharityom@outlook.com)



### Visit includes:

- A chance to visit Santa in a relaxed, comfortable unrushed environment
- Gift from Santa
- Letter writing plus arts and crafts
- Free chocolates and treats



Zebras Children & Adults Charity 1171051

## Relaxed Santa Visit

[Zebras](#) will be running a relaxed Santa visit for children with SEND and their siblings, on Saturday 11<sup>th</sup> December at Zebra's new hub in Lancaster Road Enfield.

This is an ideal way for children who find a 'regular' Santa visit too overwhelming to experience some Christmas magic!

For more information about timeslots and to book your free visit email them at [zebrascacharity@outlook.com](mailto:zebrascacharity@outlook.com)

## Elf Academy for Visually Impaired children

The Royal National Institute of Blind People is running an 'Elf Academy' for visually impaired children - sign your child up by the 15<sup>th</sup> December to get access to 'exciting elf activities' and other festive fun. More information [here](#).



## Cinema

### Free cinema tickets for carers

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult - see [here](#) for information.

### Autism friendly cinema

Cineworld has an autism friendly screening of Encanto screening on 5th December at 11 am  
Book your tickets [here](#)



# Relaxed and inclusive theatre

## Chickenshed

Chickenshed is an [inclusive theatre company](#). Their 'Christmas Tales from the Shed' are designed to appeal to younger children. This year the show will be available either at the main Chickenshed venue from 4<sup>th</sup> to 29<sup>th</sup> December - see [here](#) for details and here for information about [accessibility](#) arrangements including use of sign language, audio description, captioning, and wheelchair access.

Or at the '[Culture Palace](#)', Palace Gardens, Enfield on 11<sup>th</sup> and 12<sup>th</sup> December – see [here](#) for details.



## Cinderella Pantomime at Harrow

There will be a relaxed performance of Cinderella on Thursday 16th December 1.30 pm and a BSL Signed performance on Monday 27<sup>th</sup> Dec at 3 pm Unfortunately, the relaxed performance will be during a school day for many children but we hope it might work for some! Details [here](#).

## Hertford theatre

The Hertford theatre (currently based in Ware) will be putting on their immersive family 'frozen-folklore' show 'Under the Frozen Moon' at The Southern Maltings in Ware, Herts. There will be relaxed performances of the show (quieter music, fewer special effects and no expectations to stay put) on 28th December, 4.30pm & 29th December, 11am. British Sign Language Interpreted shows will be on 28th December, 11am & 2pm. For more information see the website [here](#)



## The Nutcracker

There will be a special relaxed performance of the Nutcracker at 2 pm on Sunday 9<sup>th</sup> January – a magical, Christmas treat! For more information see [here](#).

## Other venues:

If you are able to travel further afield there is a relaxed performance of Sleeping Beauty at the Churchill Theatre in Bromley on Tuesday 14<sup>th</sup> December at 1.30 pm – more information [here](#).

# Sports

## Trampolining relaxed sessions

For booking and more information see the Jump In website [here](#).



### Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session) or **Wednesday 5-6 pm** (not exclusive for SEN)

**Venue:** Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

**Cost** £8.50 per child (siblings welcome at same price) and carers go free.

You must pre-book your place. |



Every Sunday  
9 - 10 am or  
Wednesday 5 - 6 pm  
(not exclusive for SEN)

At: Jump In, 22,  
Lumina Park, Lumina  
Way, Enfield, EN1 1 FS  
Parents are  
responsible for their  
own children at all  
times.

Please contact Jump In  
directly with any  
queries at  
01926 356290 or  
hello@gojumpin.com

Relaxed sessions are designed specifically for children with additional needs and their families. Music is turned down, the party lights are turned off and a quiet space is set aside for anyone needing some time out.

You will need to fill in a waiver form online, and your child will need to have watched the safety video online before the session. Links are provided as part of the booking process

## Swimming

Zebra's Swim school offers swimming lessons for Autistic Young people aged 7-25 (and 26 and over) at the Southbury Road Leisure Centre. For information and to sign up to the programme please contact [Sylvia.Quildan@fusion-lifestyle.com](mailto:Sylvia.Quildan@fusion-lifestyle.com) or phone 0203 441 1764.

The poster features a blue and green background with a zebra head logo at the top. The text reads: 'ZEBRAS CHILDREN AND ADULTS CHARITY PRESENTS ZEBRAS SWIM SCHOOL'. Below this, it states: 'Zebra's Swim School in partnership with Fusion Southbury Road Leisure Centre is proud to offer inclusive swimming lessons for Autistic young people aged 7 - 25, and 26 years +'. A wavy line separates this from the next section: 'RE-OPEN NOW FOR BOOKINGS'. The text continues: 'The project aim being to learn safety in the water and techniques to stay safe, learn to swim, increase physical well-being and fitness. For more information & to sign up to the programme please contact: Sylvia.Quildan@fusion-lifestyle.com Fusion Southbury Road Enfield EN1 1YP'. At the bottom, there are logos for 'fusion' and 'SPORT ENGLAND LOTTERY FUNDED'.

# Football

We are an England Football accredited club and the 2021 FA 'Grassroots Club of the Year'

OMONIA YOUTH FOOTBALL CLUB 1994

FA GRASSROOTS CLUB OF THE YEAR 2021

DEAF - CEREBRAL PALSY - PARTIALLY SIGHTED - AMPUTEE

## INCLUSIVE FOOTBALL

Come along to our inclusive football sessions for boys and girls aged 5-16

Our 'Inclusive Football' sessions are run by FA qualified coaches and provide participants with the opportunity to develop their football skills in a fun, safe and positive environment.

**Where:** Winchmore School, N21 3HS  
**When:** Every Wednesday  
**Time:** 7-8pm

For more information please contact  
**COACH KEREM** on **07590 505 066**

omonaiayouthfc.com @omonaiayouthfc @omonaiayouthfc1994

ACCREDITED CLUB PART OF ENGLAND FOOTBALL FOR ALL GRASSROOTS FOOTBALL AWARDS NIKE PARTNER CLUB

Omnia's inclusive football programme runs every Wednesday evening until 15<sup>th</sup> December. After that there will be a short break over the Christmas period.

Contact Coach Kerem on 07950 505 066.

You can read more about the programme [here](#).

## Disability Sports Coach

Disability Sports Coach will be hosting their first large-in person event since the pandemic on Thursday 30<sup>th</sup> December, in the form of their Christmas Club at the Castle Leisure Centre in Elephant and Castle.

The Christmas club will be a pan-disability multi-sports event where disabled people of all ages can enjoy yoga, football, basketball, boccia, dance and boxercise in a fun, festive atmosphere.

If you prefer to participate from home or cannot travel to Elephant and Castle, there will also be three days of online activities via Zoom from Tuesday 21<sup>st</sup> to Thursday 23<sup>rd</sup> December, including inclusive balls skills sessions, a virtual bake-along and a quiz with special guests.

For information on all these events see [here](#).

DISABILITYSPORTSCOACH

This year, we are **Making Christmas Count** for disabled people

Follow us to find out more, or visit: [www.disabilitysportscoach.co.uk](http://www.disabilitysportscoach.co.uk)

## Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

## Sensory play for under 5s

'Squish space' is a sensory play space at the Barbican for children aged 5 and under, and their families.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is essential.

For any questions, please contact [Creative.learning@barbican.org.uk](mailto:Creative.learning@barbican.org.uk)



# Teenagers

The **Young Futures project** from Every Parent and Child is a free programme for young people aged 12 - 25, with SEND. The programme includes indoor fitness sessions every Wednesday and Thursday at 5-6 pm and Martial Arts classes every Wednesday and Thursday 6-7 pm. For more details see the flyer [here](#) and if you or your young person have any queries please contact Vash at EP&C tel 07903 708 944 or email [vashisht.raya@epandc.org.uk](mailto:vashisht.raya@epandc.org.uk)

## YOUNG FUTURES PROJECT



**FREE 8 week programme for Young People with Special Educational Needs & Disability, age 12-25**

**Join us & Register today!**

- Starting **Wednesday 10th November !!**
- Time:**  
Fitness: 5pm - 6pm  
Martial Arts: 6pm - 7pm
- Venue: Community House, 311 Fore Street, N9 0PZ**
- Registration required

**For more info & to register contact Vash on: 07903708944 / [vashisht.raya@epandc.org.uk](mailto:vashisht.raya@epandc.org.uk)**

### PROGRAMME DATES:

#### Dates for Martial Arts & Indoor Fitness Sessions

**November 2021**

Wednesday 10th November  
Thursday 11th November  
Wednesday 17th November  
Thursday 18th November  
Wednesday 24th November  
Thursday 25th November

**December 2021**

Wednesday 1st December  
Thursday 2nd December  
Wednesday 8th December  
Thursday 9th December  
Wednesday 15th December  
Thursday 16th December  
Wednesday 22nd December  
Thursday 23rd December

**January 2022**

Wednesday 5th January  
Thursday 6th January

#### DATES FOR MONTHLY YOUNG PEOPLE EMPOWERMENT CLASS

Friday 26th November 2021  
Friday 7th January 2022



**MONTHLY YOUNG PEOPLE EMPOWERMENT CLASS**

- 2 hour session on 26.11.21 & 7.01.2022
- Develop your Employment skills, Money management skills, and Advocacy skills.

**INDOOR FITNESS SESSIONS**

- Every Wednesday and Thursday.
- 16 classes in total (8 weeks)
- Participate in a range of indoor fitness activities.

**Martial Arts Classes**

- Every Wednesday and Thursday
- 16 classes in total (8 weeks)
- Learn self defence, build confidence, keep fit and have fun!

## SEND Youth Club

The recently launched free SEND Youth Club is for young people aged 11 – 25 with SEND.

The sessions will take place at the Bell Lane Youth Centre, Enfield, EN3 5PA every Tuesday evening from 6.30 to 8.30 pm. Sessions will run every Tuesday up to and including 21<sup>st</sup> December (not 28<sup>th</sup> December) and then again from 4<sup>th</sup> January.

Activities will include sports sessions, workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and select the venue Bell Lane – you will then see the booking link for this club.

We are opening...



**A SEND Youth Club for young people at our Bell Lane Youth Centre**



Healthy relationship workshops



Personal safety



Support to develop life skills



Sports sessions

We welcome children and young people with a wide range of differences and we typically have a staff to young person ratio of 1:5

BELL LANE YOUTH CENTRE, EN3 5PA

**STARTING TUESDAY 23 NOVEMBER**  
6.30pm - 8.30pm

**Sign up online today**  
to register your interest please see website below  
[www.youthenfield.taptub.co.uk](http://www.youthenfield.taptub.co.uk)




# Museums

The **London Transport Museum** will be running a relaxed SEND session on Saturday 11<sup>th</sup> December – for more details and to book see [here](#).



The **Tower Bridge Experience** runs relaxed sessions one Sunday a month – the next one will be on 18<sup>th</sup> December with sessions at 10.30, 10.50 and 11.10. For more information including booking arrangements see [here](#).

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website here including information about visitors with visual or hearing impairments, and wheelchair users. [Accessibility | Science Museum](#). The Science Museum is not currently running any of its autism friendly activities over the Christmas period. However, this page gives information on busy and quiet times which you may find useful. [When to visit The Science Museum : Tips to avoid the queues \(waitamoment.co.uk\)](#)

# Zoos



London Zoo will have a relaxed ‘early opening’ morning on Wednesday 15<sup>th</sup> December giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Early Openings are free to book, but you will need tickets to access the zoo which can be booked online. A disability concession ticket entitles the holder to a free companion or carer place with each ticket. For more information see [here](#).

London Zoo - Accessibility Guide [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

Whipsnade Zoo [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#)

Paradise Park [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)



We hope that you have found our update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone **07516 662315** Email: [info@ourvoicenfield.org.uk](mailto:info@ourvoicenfield.org.uk)

Website: [www.ourvoicenfield.org.uk](http://www.ourvoicenfield.org.uk)

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoicenfield/> and on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice).

If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database.