



What's On in the Christmas holidays?

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Introduction



In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible changing facilities](#).

General guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)

Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>

Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](https://www.disabilityhorizons.com)

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The current version of this is on Local Offer [here](#) (along with information about the Holiday activities and Food Programme available to children in receipt of benefits related free school meals)

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage 'Short Breaks' in Enfield.



Holiday Play and Leisure Activities for Children and Young People with SEND
October Half Term 2022 | Christmas 2022 | February Half Term 2022



www.enfield.gov.uk



Chickenshed:

Christmas Tales at Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their events and activities this autumn see the Chickenshed events page [here](#).

Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK,

The Tales from the Shed team are celebrating Christmas 2022 with their Christmas Tales show, with puppets, singing, dancing and some larger-than-life characters,

Dates: Sat 10 - Fri 30 Dec Tickets

Prices: £10 | Family Ticket £35* | Free to babies under 1yr

Running time: 50 mins Ages: 0-7yrs

* Family ticket includes four tickets – two adults and two children or one adult and three children. Discount will be automatically applied at checkout.

PLEASE NOTE: This show will take place in the large Rayne Theatre with raised auditorium seating allocated to bookers accordingly - seating will not be on the floor as it is for the general Tales from the Shed or Planet Play sessions.



Christmas Tales at the Dugdale

Christmas Tales is now also back at the Dugdale in Enfield.

Dates: Sat 17, Sun 18, Mon 19, Wed 21, Thu 22, Fri 23, Wed 28, Fri 30 Dec **Running time:** 50 mins **Ages:** 0-7yrs **Tickets:** £8 Adults £6 Children
Details and booking [here](#).

Pantomime – relaxed performances

Although there are no relaxed performances available at our local pantomimes (at Millfield theatre, Edmonton and Wylotts in Potters Bar), [Jacksons Lane](#) at Highgate are providing two relaxed performances of their Christmas of Jack & The Beanstalk.

These shows provide an inclusive and relaxed space for all to enjoy live theatre, and everyone is welcome to attend, regardless of whether they feel they need the additional support that these shows offer or not.

Visual story guides and sensory touch tours are also available in addition to relaxed performance adjustments (such as lower volume, lights remaining on, breakout spaces and a relaxed attitude towards audience noise and movement during the show)

There are two relaxed performances on **Friday 16 December at 1:30pm** and **Tuesday 22 December at 2pm (very limited tickets available)**. Standard tickets for this show are between £14-£18 however you can purchase discounted tickets of £10 for these two performances using the code 'RELAXED22' at the checkout. Please note that if you need to make a booking for a wheelchair space, or a complimentary carer seat, these need to be processed through the box office directly.

If you require assistance with your booking, you please call on 020 8340 5226 and quote the discount code over the phone. Any problems or questions please contact Andy Martin, Front of House Manager on the above number.



FAMILY

JACK AND THE BEANSTALK

14 Dec 2022 - 01 Jan 2023

Trampolining - relaxed sessions

Our Voice in conjunction with ENAS

Every **Sunday 9 – 10 am** (exclusive SEN session) or **Wednesday 5-6 pm** (not exclusive for SEN)

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £8.50 per child (siblings welcome at same price) and carers go free.

You must pre-book your place. |



Every Sunday
9 - 10 am or
Wednesday 5 - 6 pm
(not exclusive for
SEN)

At: Jump In, 22,
Lumina Park, Lumina
Way, Enfield, EN1 1 FS

Parents are
responsible for their
own children at all
times.

Please contact Jump In
directly with any
queries at
01926 356290 or
hello@gojumpin.com

Relaxed sessions are designed specifically for children with additional needs and their families. Music is turned down, the party lights are turned off and a quiet space is set aside for anyone needing some time out.

You will need to fill in a waiver form online, and your child will need to have watched the safety video online before the session. Links are provided as part of the booking process

Trampolining relaxed sessions

During the Christmas holidays SEND sessions will be running on Sunday 18th December only (not 25th December or 1st January) and on Wednesday 21st and 28th December. See our flyer (on the left) and the Jump In website [here](#) for more information and booking.

Swimming sessions



Edmonton Leisure Centre offer Disability Friendly Family Swimming sessions every Sunday from 11 am to 12 pm. The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Further details are available [here](#).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.



Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

To find audio described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

Over the Christmas Holidays there will be an Autism friendly showing of Matilda the Musical at Cineworld Enfield on Saturday 31st December at 11 am. You can book tickets [here](#).

Keep an eye on the [Dimensions website](#) for details of more Autism-friendly showings coming up.

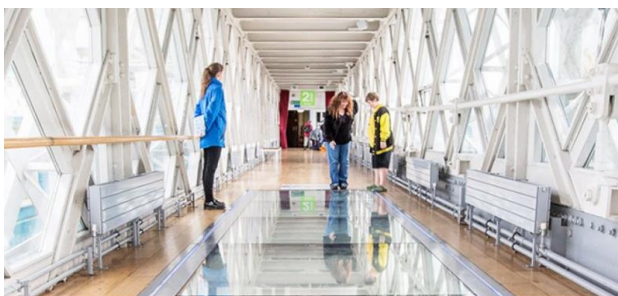
Sensory play for under 5s

‘Squish space’ is a sensory play space at the Barbican for children aged 5 and under, and their families. Sessions take place most days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website [here](#). Places are limited and pre-booking is recommended. For any questions, contact Creative.learning@barbican.org.uk



The Tower Bridge Experience



The **Tower Bridge Experience** runs relaxed sessions once a month – the next one will be on Saturday 17th December with various sessions available to book between 9.30 and 11.10. For more information including booking arrangements see [here](#).

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are: Telephone 07516 662315 Email: info@ourvoiceenfield.org.uk Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>

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