



## What's On at October Half-term 2023?



In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area as well as some days out in London and nearby.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

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## ‘Local Offer’ information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about [‘Short Breaks’](#)

More information is in the attached [Enfield Children and Young Person’s Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible toilets and changing facilities](#).

## General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child’s anxieties over an unfamiliar environment, the relevant information isn’t always easy to find.

The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

- o London attractions: [Accessible attractions - London Attraction - visitlondon.com](#)
- o Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/>
- o Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

## Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. We latest version of this is on the Local Offer [here](#) (entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage [‘Short Breaks’](#) in Enfield.



## Sports

### Trampolining relaxed sessions

During the Half term holidays, the usual SEND session at Jump In Trampoline Park will run on the evening of Monday 23<sup>rd</sup> October from 6 – 7 pm

See our flyer on the right and the Jump In website [here](#) for more information and booking.



The flyer features the 'Our Voice' logo at the top left, which includes a stylized figure jumping. To its right are the logos for the National Autistic Society and the Enfield Branch. The main title 'Trampolining - relaxed sessions' is in a large, bold, orange font. Below this, the text 'Our Voice in conjunction with ENAS' is followed by 'Every Monday 6 – 7 pm (exclusive SEN session)'. The venue 'Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS' is listed. The cost is '£10 per child (siblings welcome at the same price) and carers go free (show ID at check in)'. A pre-booking link is provided: <https://gojumpin.com/adventure-camp-enfield/trampoline-park/season-trampoline-session/>.



This orange sidebar contains the following text: 'Every Monday 6 – 7 pm', 'At: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS', 'Parents are responsible for their own children at all times.', 'Please contact Jump In directly with any queries at 01926 356290 or [hello@gojumpin.com](mailto:hello@gojumpin.com)', 'Book here' (with a link), and a paragraph: 'Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare. You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.'

### Swimming sessions



Disability-friendly family swimming sessions take place at:

Albany Leisure Centre every Saturday 2.45 to 3.45 pm. Further details available [here](#).

Edmonton Leisure Centre every Sunday from 11 am to 12 pm. Further details are available [here](#).

The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself).

Fusion Lifestyle advise pre-booking your spaces beforehand to avoid disappointment as there is limited capacity. You can find the booking under 'Lane & General Swimming' on the Fusion Lifestyle app, which you can download via <https://download.mobilepro.uk.com/a/55U2?p=6>.

Please note - these are NOT swimming LESSONS but are swimming sessions that the whole family can use to swim with the young person with disabilities.

Swimming sessions every Sunday from 11 am to 12 pm.

The cost is £3.00 per session per person (adult or junior). This is a concessionary rate (no need to purchase the concession card itself). **Further details are available [here](#).**

## Cycling

SEND Cycling fun day



**SEND October Half Term  
Cycling Fun**

**Bush Hill Park**  
Lincoln Road, Enfield, EN1 1PS

Please use the nearest entrances at  
Cecil Avenue EN1 1PS or Cross Rd EN1 1PD

**Wednesday 25th October 2023**

**10am - 11am or 11am - 12noon  
(8-11 years)**  
**1pm - 2pm or 2pm - 3pm  
(12-25 years)**

There will be a variety of accessible bikes for children and young people to try out and improve their cycling skills.

The poster features a large purple bicycle illustration in the center. Surrounding it are four circular inset photos: a child on a blue adaptive bike, two people on a blue tandem adaptive bike, a person at a 'bikes works' station, and a person on a red adaptive bike. The background is a stylized landscape with green hills, trees, and a red curved border at the bottom.

To book your place please email [bike@enfield.gov.uk](mailto:bike@enfield.gov.uk) with your child or young person's name, age, school/college, and the date and time they would like to attend.

[www.enfield.gov.uk](http://www.enfield.gov.uk)



## All-ability cycling

Drop-in, all-ability cycling sessions take place at Bush Hill Park on Mondays from 10 am to 3 pm next to the Public Outdoor Gym in the Park, closest entrance on Cecil Avenue EN1 1 PA. These take place every Monday including 24<sup>th</sup> October. For children and young people at school or college, the school/college holidays will often be the only opportunities to access the scheme.

The sessions are designed for people from age 5 upwards with learning, physical and/or sensory disabilities to enjoy cycling on a range of adapted cycles, including single/tandem tricycles, side-by-side cycles for two or more people, wheelchair platform cycles and go-kart style recumbent cycles. After being shown how to use the cycles by the friendly volunteers and staff, attendees are free to cycle around the park or green space with their friends, family or carer. Please note that one-to-one support is not available, but parents and carers are encouraged to ride alongside the people they are supporting. As sessions are popular and there are only a limited number of bikes (particularly those suitable for children) you may have to wait for the bike that you want to use to become available. If possible, you may prefer to visit in the afternoon which is normally quieter. Full details at <https://www.bikeworks.org.uk/all-ability-clubs/> If you have any questions, please email [all.ability@bikeworks.org.uk](mailto:all.ability@bikeworks.org.uk)



## Chickenshed -Tales from the Autumn Shed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page [here](#).

Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK



Tales from the Shed are inclusive theatre shows with aimed at children aged 0-6 years. For October half-term, shows will take place Saturday 21<sup>st</sup> – Thursday 26<sup>th</sup> October. See details and book [here](#). Shows are at 10 am and 11.30 and last for 40 minutes. £7 for adults and children (free to babies under 6 months).

## Teenagers and 11+

### SEND youth holiday sessions

SEND Youth Club (which is normally on every Tuesday evening) will not be running this half term. Instead there are SEND specific holiday sessions running from Monday 23<sup>rd</sup> October to Wednesday 26<sup>th</sup> October, at the Bell Lane Youth Centre. See details and book your place [here](#). Please note that (notwithstanding the implication of the poster below) your young person does NOT have to be eligible for free school meals to access this provision (unlike the two mainstream options shown).

**ACTIVITIES FOR YOUNG PEOPLE ON FREE SCHOOL MEALS**

# OCTOBER HALF TERM

Join us for October Half Term activities for young people on **free school meals**

Location	Days	Time	Activities
<b>PONDERS END YOUTH CENTRE</b>	<b>Mon-Thu</b>	<b>3-8pm</b>	Multi-sports, cooking, jewellery making, SRE & motivational workshops
<b>CRAIG PARK YOUTH CENTRE</b>	<b>Mon-Thu</b>	<b>11am-4pm</b>	Multi-sports, climbing, dance, cooking, jewellery making, SRE & motivational workshops
<b>BELL LANE YOUTH CENTRE</b> <small>SEND SPECIFIC (1:1.5 staff ratio)</small>	<b>Mon-Wed</b>	<b>11am-3pm</b>	Cooking, jewellery making & life skills programme on personal safety/safety around the house

Please note we have a **FREE** trip to roller-skating on **Friday 27 October**. Letters will be given at the beginning of the programme.

**Book your place today**  
[youthenfield.taptub.co.uk](http://youthenfield.taptub.co.uk)

## Interested?

Email [talisha.anderson-wright@enfield.gov.uk](mailto:talisha.anderson-wright@enfield.gov.uk)

[www.youthenfield.taptub.co.uk](http://www.youthenfield.taptub.co.uk)

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ECYPS  
**TEENScheme**  
HOLIDAY PROGRAMME  
Check Out Our Upcoming Events this half term!  
11-17yrs at Alan Pullinger N14 6BT  
October Teenscheme  
**23RD - 24TH OCTOBER**  
10am-3pm  
Come & join the spooky fun activities such as creative art, make-up sessions, cooking fun, basketball, team games & much more...  
For more information: email: teenschemeecyps@gmail.com mobile:07533914575 (text only)  
Scan the QR code for bookings

See the flyers for the ECYPS teenscheme programme for half term. Booking link is <https://forms.gle/xg75m5yhT5Qa8F616> or scan the QR code

October Half Term 2023  
**PROGRAMME INFORMATION**  
IF YOU ARE **AGED 11 - 17 YEARS** AND LIVE IN **ENFIELD** YOU CAN SIGN UP FOR THESE HALF TERM YOUTH ACTIVITIES!  
THE ACTIVITIES WILL RUN FOR **2 DAYS**  
**MONDAY 23RD OCTOBER 2023**  
**TUESDAY 24TH OCTOBER 2023**  
THE ACTIVITIES WILL BE BASED AT THE ALAN PULLINGER YOUTH CENTRE, N14 6BT WHERE THERE WILL BE **MULTI-SPORTS, ARTS AND CRAFTS, COOKING WORKSHOPS, COMPUTER ZONE AND MUCH MORE!**  
PLEASE FILL OUT THE **CONSENT FORM** WITH THE INDICATION OF WHICH DAYS YOU WANT TO ATTEND  
**Click link below for registration:**  
<https://forms.gle/xg75m5yhT5Qa8F616>  
OR  
Scan QR code above.  
**LUNCH:** THERE WILL BE LUNCH PROVIDED AT TEENScheme THROUGH OUR COOKING WORKSHOPS. PLEASE LET US KNOW ABOUT DIETARY REQUIREMENTS AND ALLERGIES WHEN BOOKING.  
IF YOU WOULD NOT LIKE TO HAVE THE LUNCH PROVIDED, PLEASE BRING THINGS TO EAT AND DRINK WITH YOU, OR **MONEY** TO GO TO THE SHOP OR MCDONALD'S AT LUNCHTIME.

## Zebras Halloween event

[Zebras Children and Adults Charity](https://zebrascharityom.org) are holding a Halloween Pumpkin Carving event at their hub on Lancaster Road on Saturday 28<sup>th</sup> October 10 am to 4 pm.

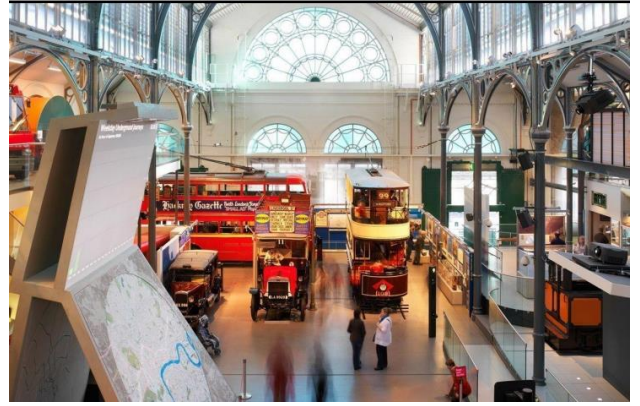
To book please email Harry at : [zebrascharityom@outlook.com](mailto:zebrascharityom@outlook.com) Places are limited so please book asap to avoid disappointment.

A Halloween-themed poster for a pumpkin carving event. The background is orange. At the top left is a white outline of a zebra's head. At the top right is a black spiderweb with a black spider hanging from it. The text is centered: 'Zebras Children & Adults Charity' in white, 'HALLOWEEN PUMPKIN CARVING' in large yellow letters, 'EVENT AT OUR ENFIELD HUB' in yellow, 'SATURDAY 28TH OCTOBER 10AM -4PM' in black, and '@59B LANCASTER RD, ENFIELD, EN2 0BU' in black. Below this is a black banner with white text: 'COME & JOIN US FOR PUMPKIN CARVING & SPOOKY FUN. LIMITED SPACES AVAILABLE. BOOK NOW TO AVOID DISAPPOINTMENT. PARENT SUPERVISION REQUIRED'. The bottom section features a black silhouette of a haunted house with a full moon, flying bats, and pumpkins. At the bottom, white text says 'To book your Free place contact Harry:' followed by the email address 'zebrascharityom@outlook.com' in white.



## The London Transport Museum

The London Transport Museum runs a regular series of relaxed events throughout the year and also provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#), as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.



During half-term they will be running a relaxed 'Early Explorer' evening on Saturday 28th October – see details [here](#).

## Zoos

London Zoo has a programme of inclusive activities – see [here](#).

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues. During the Easter holiday they will have three events for individuals with additional needs:



During half term there will be a Relaxed opening tour will be on Wednesday 25th October – when the zoo will open early from 8.30 to 10 am whilst the Zoo is closed to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. Information and details of how to book [here](#).

Audio Described Tours take place monthly - [see here for details](#) and information on how to book. During half term this 2-hour tour of the Zoo, will be on Wednesday 25th October. The tour starts at 11 am and features Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.



## Whipsnade Zoo



If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

The next in their series of regular relaxed early openings on the last Sunday of each month will be on Sunday 29th October, from 9 am to 10 am. See [here](#) for details and to book.

Paradise Park's accessibility page (including information about discounted tickets) is at [Disabled Access to the zoo & play area | Paradise Wildlife Park \(pwpark.com\)](#)

## Trackplay

Although there are no SEND-specific Trackplay sessions coming up in the Enfield area, Trackplay will be running open sessions (not SEND-specific) on Wednesday 25<sup>th</sup> October at Forty Hill Primary School.

These 90-minute play sessions featuring a giant track layout and lots of toy trains, are very popular with many of our young members.

These events are great fun for children who love trains. Please note that these are general sessions open to the public, so they may be relatively noisy.

Full details and booking links [here](#).



## Sensory play for under 5s at the Barbican

'Squish space' is a sensory play space at the Barbican for children aged 5 and under and their families. Sessions take place on selected days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website [here](#).

Places are limited and pre-booking is essential.

For any questions, contact [Creative.learning@barbican.org.uk](mailto:Creative.learning@barbican.org.uk)



## Siblings

Enfield Carers Centre has a programme of support for [young carers](#) including the brothers and sisters of children with additional needs. You can see more about the programme [here](#), including activities during term time and other support available, and there is a brochure with more information on the main activities [here](#) and you can see information about past trips and activities during the holidays [here](#).

During the October half term they are running a collage workshop for young carers aged 5-18 years, taking place on Tuesday 24<sup>th</sup>, Wednesday 25<sup>th</sup> and Thursday 26<sup>th</sup> October – see details [here](#).

For your child to join any of these events, phone the ECC on 0208 3663677 or WhatsApp on 07809332106. You will need to register them using the form on [this page](#) first, and then book the session.

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: [info@ourvoiceenfield.org.uk](mailto:info@ourvoiceenfield.org.uk)

Website: [www.ourvoiceenfield.org.uk](http://www.ourvoiceenfield.org.uk)

You can also follow us on our Facebook page at <https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>

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