



What's On?

Play and leisure for children and young people with additional needs in and around the Enfield Area

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Our Voice

The information in this guide has been collated by Our Voice, the Parent Carer Forum for the London Borough of Enfield.

We are a parent-carer-led team, who work with parents and carers, as well as the statutory (Local Authority and Health Services) and voluntary sectors to improve services for children and young people with disabilities or special educational needs (SEND), aged 0 -25, in the London Borough of Enfield. You can see more information about what we do on our website at https://www.ourvoiceenfield.org.uk/about_us

We also run our own programme of events including family fun days (usually once a term) and other family events, as well as information and discussion events for parents and carers. Our most popular events are usually booked very quickly after opening, by the members of our mailing list.

If you are the parent carer of a child or young person with SEND we recommend that you sign up to our mailing list to be kept up to date with the latest news and developments – including our own events and other SEND-specific or inclusive play and leisure opportunities. You can do this either by emailing us at info@ourvoiceenfield.org.uk (please include your full name as well as your email address) or signing up via our website https://www.ourvoiceenfield.org.uk/contact_us

Introduction

In this update, we give you news of some of the events and activities for children and young people with SEND, in (or close) to the Enfield area as well as some days out in London and nearby.

This guide covers activities that are normally ongoing throughout term time. Some but not all continue during school holidays, but we normally publish a separate guide before each holiday to highlight any activities happening then, including one-off holiday specials.

We have included information about activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some [activities to keep your child entertained at home](#) which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on [activities and things to do](#) and information about ['Short Breaks'](#)

More information is in the attached [Enfield Children and Young Person's Service Guide for parents and carers](#) on local free and affordable activities. There is also information about [accessible toilets and changing facilities](#).

General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find. The [AccessAble](#) website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in an easy-read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful: London attractions: [Accessible attractions - London Attraction - visitlondon.com](#) Rough Guide to Accessible Britain <https://www.motability.co.uk/news/rough-guide-to-accessible-britain/> Accessible days out Disability Horizons [10 accessible days out across the UK for disabled people \(disabilityhorizons.com\)](#)

School holidays

Our Voice usually produces specific booklets for each school holiday period setting out some of the local inclusive or SEND specific activities and days out available. Watch out for the latest version on our [news page](#).

Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. The most recent version of this for Christmas 24 can be found on the Local Offer [here](#) (scroll down to the

document entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs. We await the Spring/Summer version of the booklet.

The booklet includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website [here](#) as well as an overview from the Joint Service for Disabled Children, who manage 'Short Breaks' in Enfield.



We await the next brochure for half term February 2025.

HAF Programme

The HAF Programme is generally open to any children who qualify for free school meals and provides free activities and meals during the Easter, Christmas and Summer school holidays. Details [here](#).

It is not a SEND-specific programme, and although it is intended to be inclusive you will need to check if activities are suitable for your child. There are instructions on how to check this [here](#). You should share as much detail on your booking form as you can, and we would suggest that you talk to your HAF provider as early as you can to discuss your child's requirements and make sure that they are able to meet your child's needs appropriately. If you have any further questions please email haf@enfield.gov.uk

We await information on the Easter 25 HAF programme. HAF Vouchers will be sent to parents and carers of eligible Enfield Children and Young people via email or text. Contact your child's school if you think you are eligible but have not previously received vouchers.



Sensory play at Enfield Town Library

Enfield Town Library has a small sensory space for children which is open to the public on Mondays from 10 am to 12 pm, as well as being available to book for private use. For details of sessions see <https://www.facebook.com/enfieldlibrary> or email enfieldtownlibraryhub@enfield.gov.uk

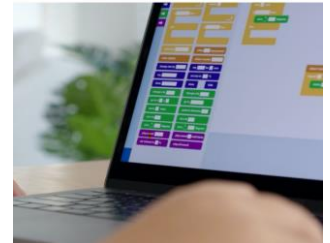
SEND Coding sessions

Ignite Hubs is a volunteer-run charity providing hubs and online learning for children and young people.

Their online SEND sessions teach coding using Scratch. The sessions are for young people with SEND between ages 7 and 13 and are designed and developed by SEND professionals and staffed by specially chosen and trained volunteers, and the sessions operate in small groups (5-6 maximum) and enable learning at your child's pace, with the flexibility to take breaks.

Parents are welcome to sit in and play an active part in the sessions.

Sessions are every Tuesday from 6 – 7 pm. Your child can attend a single taster session with no obligation to continue. More information and registration link [here](#).



SEN Dance class

This SEN special dance class runs on Saturdays, 1 – 2 pm at Grange Park Methodist Church N21 2SL.

Classes cost £9 per session or £8 if you sign up for the 6-week half term. Trial session available for £4

Parents are welcome to stay in the class or in a separate room at the venue.

sen special
DANCE CLASS

Join us for an enjoyable and inclusive weekly dance session, designed specifically for children with Special Educational Needs. This interactive class uses music and movement to help children develop their coordination, balance and build confidence and social skills.

Starting September

JOIN NOW

To register email
Theaslanoffschoolofdance@hotmail.com

The organisers say [the goal for starting this school is to nurture all children and create opportunities for everyone no matter their age or ability. We are both so excited to bring this new weekly class to the SEN community, filled with fun, props, music and movements.](#)

[This class will be a fun and engaging class allowing children to explore movement and props, gain confidence and build fine and gross motor skills, as well as meeting new friends and creating special bonds](#)

Email theaslanoffschoolofdance@hotmail.com for details and to register.

Sports

Leisure services in Enfield have recently been taken over by a new provider and they are currently looking at their provision, including SEND specific activities. Our Voice has met with them, and encouraged them to broaden their SEND provision, and we await more information on what will be provided.

Concessionary membership rates are available for children and young people with disabilities – the Junior Inclusive rate for under 18s is £15 per month, and the Inclusive Rate (for 18 and over) is £25 per month. Details and joining [here](#) (scroll down to the bottom of the page).

Swimming sessions

Disability-friendly family swimming sessions, where the whole family can swim with the young person with disabilities currently take place:

- At the Albany Leisure Centre every Sunday from 10 am to 11 am. Further details [here](#) and book via [this page](#) (select the correct date to see the booking link)
- At the Southbury Leisure Centre Sundays 3 -4.30 pm. Further details and the booking link [here](#)

The cost is £3.60 per session per person (adult or child) or free as part of a Better HF membership.



SEND SWIMMING LESSONS

Empower your child's swimming journey with SEND swimming lessons at Arnos Pools every Thursday from 4pm.

In a safe and supportive setting, your child will build confidence, master water skills and enjoy an exciting learning experience.

For booking information please enquire at reception.

BETTER

In partnership with **ENFIELD Council**

Better is a registered trademark and a trading name of 22122000021 (London, London), a not-for-profit social enterprise and registered charity under the Companies Act & Community Benefit & Charities Act 2016 (registration no. 2279190). Registered office: 100, Middlesex House, The Pigeon, London, SE16 6JL. Contact: 020 7463 1000

SEND swimming lessons are currently available at Arnos Pools every Thursday from 4 pm. See flyer on the right for details.

Supported gym sessions

Inclusive gym sessions are available at Southbury Leisure Centre.

Adults and young people will be able to exercise with the support needed from one of the Centre's dedicated fitness instructors.

Sessions start at £3.60 per session or free as part of a Better HF membership.

Further details and the booking link [here](#)



Disability Tennis

WANT TO PLAY TENNIS?

Disability Tennis
for teens and adults
An opportunity for anyone with a disability; visible or not to play tennis.

Come and join us
Kenmare Gardens
Palmers Green
N13 5DR
Saturdays 12:30 - 1:30pm

We have adaptive equipment and our club is wheelchair friendly.

WANT TO KNOW MORE:
Text Anne 0780 395 2180

SATURDAYS 12:30 - 1:30 pm

Mayfield Tennis Club, Kenmare Garden, Palmers Green, N13 5DR

Are you neurodiverse or have a visible disability and fancy trying your hand at tennis?

No racket needed; we have them.

No experience needed; we have coaches.

You don't need to be able to play tennis; we have volunteers to meet your needs;

No worries about access; we have wheelchair access and accessible bathrooms.

We have brand new fabulous astro turf courts. Great for wheelchairs, safe and good for knees!!!

Tea, coffee, and cake for afterwards These sessions are FREE.

Not sure if it's for you? Why not pop down and take a look, have a chat or give Anne a call to find out more: tel 0780 395 2180

Sports at home

The NHS Change4Life activities website includes a page [here](#) on sports and games for disabled children that you can do at home or in the garden.

Accessible table tennis session for all. Wheelchairs welcome.

SEN Table Tennis

1 hour sessions at 3.15pm - 19 th Jan 2025 - 16 th Feb 2025 - 16 th Mar 2025 - 13 th Apr 2025	Make new friends playing table tennis. Bats & balls provided but bring your own if you prefer.	We plan to continue throughout 2025 as long there are at least 3 attendees at each session
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Discretionary donations of £5 welcome. Free parking available. Please register vehicle on day.		Suitable for people of all ages with Down Syndrome or Cerebral Palsy.
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Please bring indoor trainers and water. A bar is available for snacks, drinks, tea and coffee.	Session led by qualified coach, Muz Janoowalla. First 4 to register get a 10 minute private lesson.	Held and sponsored by Barnet Table Tennis Centre, Barnet Lane, Barnet, EN5 2DN
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To come along please register in advance with Muz via muz@pingisking.com

Trampolining relaxed sessions

SEND sessions at Air Hop (formerly Jump In) Trampoline Park currently run on Monday evenings from 6 – 7 pm

See our flyer on the left and the Air Hop website [here](#) for more information and booking.

Trampolining - relaxed sessions

Every Monday 6 – 7 pm

Venue: Air Hop Trampoline Park (formerly Jump In), 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Cost £12 per child (siblings welcome at the same price) and carers go free (show ID at check in).

Please pre-book your place at

<https://www.airhop.co.uk/adventure-trampoline-park-enfield/trampoline-park/sen-trampoline-session/>



Every Monday
6 – 7 pm

At: Air Hop Trampoline Park, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

Parents are responsible for their own children at all times.

Please contact Air Hop directly with any queries at 0330 223 3333 or via the contact form [here](#)

[Book here](#)

Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

Inclusive football

PAN-DISABILITY FOOTBALL

Come and join the fun at Omnia Youth FC's Pan Disability football sessions! Our qualified coaches are dedicated to providing a positive, safe and inclusive experience for all players, regardless of ability.

EVERYONE IS WELCOME

At our sessions, you'll have opportunity to learn new skills, make new friends, and be a part of a team. Opportunity to play in monthly tournaments in Middlesex & Herts league. Don't miss out on this opportunity to enjoy the beautiful game with us at Omnia Youth FC!

Boys & Girls Ages 8-20
For more information please
Contact Mary on 07973135285 or
Email: info@omniayouthfc.com

EVERY TUESDAY
SOUTHGATE SCHOOL
5.30PM-6.15PM
6.15PM-7.00PM

omniayouthfc.com @omniayouthfc @omniayouthfc1994

ACCREDITED CLUB PART OF ENGLAND FOOTBALL
COMETS
NIKE PARTNER CLUB
The FA FOR ALL

Omnia Youth Football Club have now expanded to run two of their pan-disability football sessions every Tuesday at Southgate School Hall.

Contact Mary on 07973 135285 or email info@omniayouthfc.com for more information.

Enfield Town Disabilities Football Club also run free sessions every Saturday from 10 am to 12 pm at the 3G pitches, Enfield Playing Fields, Donkey Lane, EN1 3PL.

For more information see etfcommunity.co.uk or contact Paul Busson on 07908 776150 or Alfie Russell on 07843 816244

Enfield Town Disabilities Football Club

Free sessions at the 3G Pitches on
Enfield Playing Fields, Donkey Lane, EN1 3PL

Saturday Mornings 10am-12pm

All Disabilities Welcome.
Ages 14 and upwards

For further information, contact
Paul Busson on 07908 776150 or
Alfie Russell on 07843 816244

@fc_enfield
@etdfc
etfcommunity.co.uk

JOIN THE Super 1s



All disabilities welcome
Ages 12-25

CHALLENGE YOURSELF
BE MORE ACTIVE
IMPROVE YOUR SKILLS
MAKE NEW FRIENDS

Free inclusive cricket sessions!

WHEN:

Tuesdays
4pm - 5pm
(Starting 28 January 2025)

WHERE:

Southbury Leisure Centre,
192 Southbury Road,
Enfield EN1 1YP

CONTACT:

Daisy Meadowcroft
daisy.meadowcroft@middlesexccc.com

www.lordstaverners.org/super1s



LORD'S TAVERNERS
Empowering young people through cricket

Registered Charity No: 306054 | OSCR No: 50046238



**MIDDLESEX
IN THE
COMMUNITY**

Berkeley
Foundation



SIGN UP HERE!

Cinema

Use your CEA card when visiting the cinema with a disabled child, to get a free ticket for an accompanying adult – see [here](#) for information.

Both Cineworld Enfield and Odeon Lee Valley offer regular relaxed showings of current films, which are featured in the Our Voice weekly 'What's New' update. You can also see details of showings coming up on the [Dimensions website](#) Sessions at Enfield Cineworld usually take place on the first Saturday of each month at 11 am.

To find audio-described or subtitled showings of films at Cineworld Enfield, click [here](#) and select either audio-described or subtitled.

The next relaxed session at Cineworld Enfield will be a showing of Moana 2 on Sunday 5th January.

Inclusive Theatre

Go live theatre projects provide access to theatre visits, drama workshops and stage tours for individuals who are disabled and/or neurodiverse. These include:

[Envision](#) – a multisensory theatre experience for blind and partially sighted young people aged 6 – 25 and their carers/parents (or teachers).

[Bespoke theatre for D/deaf and hard of hearing](#) young people including drama workshops, stage tours and captioned or BSL interpreted performances of leading productions.

[Relaxed performances](#) specially adapted for people with autism, learning difficulties and other communication needs.

There are frequent offers for a wide range of popular London shows, usually at significantly discounted prices. Tickets often sell out quickly, but you can sign up for their regular briefing emails using any of the links above, to make sure that you hear about new events as quickly as possible.

Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page [here](#). Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK. Programmes usually include:

- Sunday Shed – inclusive workshops in acting, dance, art and more for all ages.
- 'Tales from the Shed' – 40-minute shows aimed at children aged 0- 6 years. These are lively interactive shows aimed at children aged 0 -6.
- Planet Play - fun and interactive sensory sessions aimed at babies and toddlers aged 0-3 years.

Face Front (inclusion through Theatre)

Face Front is an inclusive theatre group that runs art projects and workshops for disabled (physical, sensory and learning impairments, invisible disabilities and mental health issues) and non-disabled young people and adults to improve confidence, reduce isolation and gain arts and social skills.

- [Bridge](#) acting group – open to families and adults of all abilities, drama, dance and music – acts as a bridge to the other groups below. Tuesdays 5 – 7 p.m. at Face Front Studio, Edmonton Green.
- [DDM](#) performing arts group for disabled young people age 14 -18 Weds 4-6 pm, Market Square, Edmonton
- [Broken Silence](#) disabled adults drama group, Wednesdays term-time 1 -3 pm at Park Avenue
- [Interaction](#) – all ages group for disabled and non-disabled individuals Thur 5 -7.30 Ponders End UFC Hall – learn music and theatre skills and write and perform shows.

SEND Youth Club for ages 11+

The SEND Youth Club at Bell Lane Youth Centre (Enfield EN3 5PA) is a free Youth Club, exclusively for young people with SEND aged 11 and over. It runs from 6.30 to 8.30 pm every Tuesday evening (sometimes including during school holidays).

There are a range of fun activities, sports and workshops covering topics like personal safety and healthy relationships as well as developing life skills.

To book a place go to the Youth Enfield website [here](#) and on the 'filter by activities' select SEND – you will then see the booking link for this club.

Before your child attends you will need to register [here](#) – you will need to wait for a confirmation email before you are able to book (this may take 24 hours). There is a box for additional information and medical needs which you should use to let them know about your child/young person's additional needs.



Come and join us...

SEND Youth Centre

- Healthy relationship workshops
- Personal safety
- Support to develop life skills
- Sports sessions

We welcome children and young people with a wide range of differences and we typically have a staff to young person ratio of 1:5

BELL LANE YOUTH CENTRE, EN3 5PA

EVERY TUESDAY
6.30pm - 8.30pm

Sign up online today
to register your interest please see website below
www.youthenfield.taptub.co.uk

Youth Enfield
ENFIELD
Council

Museums and London landmarks

Many of the London Museums offer special relaxed sessions aimed at Autistic children and young people.

The 'Autism in Museums' website has a useful calendar of relaxed and sensory-friendly/autism-friendly events [here](#).

Museums with regular programmes of events include:

The Tower Bridge Experience

The **Tower Bridge Experience** runs relaxed sessions on the second Saturday each month, with various sessions available to book between 9.30 and 11.30. Deaf-led and BSL tours are also available. For more information including booking arrangements see [here](#).



The next relaxed opening will be Saturday 11th January
We await the date for the next BSL interpreted tour
The next deaf-led guided tour will be on 8th February

Natural History Museum

General information about visiting times and other details at the **Natural History Museum** can be found [here](#) and information about accessibility be found on their website [here](#). It's useful to be aware that any disabled children/young people and their accompanying family members and personal carers can jump the queues (which can be long at peak times) to enter the museum – please approach a member of staff on arrival.

The Natural History Museum runs a programme of events called 'Dawnosaurs - information is available at [Dawnosaurs: Relaxed Morning Visit | Natural History Museum \(nhm.ac.uk\)](#) when the museum opens early so visitors can enjoy the museum in a quieter environment, before the general public is admitted. The events are supported by experienced Autism-aware facilitators and are aimed at children aged 5-15 (siblings welcome)

At the Tring Natural History Museum there is a programme of events known as Sendsational, aimed at neurodiverse children and young people – information at [SENdsational Mornings at Tring | Natural History Museum \(nhm.ac.uk\)](#)

Alternatively, there is an online version of Dawnosaurs available [here](#).

The next Dawnosaurs events will be on 19th Feb, 10th May, 23rd July, 11th Oct and 6th Dec 25- info [here](#).
SENdsational Morning at Tring 2nd Feb and 18th May 10 am to 12 noon. Info & Booking [here](#)

British Museum

The British Museum runs relaxed early events for families.

The next session will be 'Exploring the Mesopotamia galleries with sensory activities and arts and crafts on Saturday 8th February from 8 am – 10 pm Booking and information [here](#).

They also run relaxed evening events for adults – the next one is the Silk Road exhibition from 6.30 to 8.30 pm on Monday 20th Jan. Details [here](#).

The Science Museum

General information about visiting times and other details at the **Science Museum** are found here [Visit | Science Museum, London](#) Information about accessibility can be found on their website [Accessibility | Science Museum](#). including information about visitors with visual or hearing impairments, and wheelchair users. This page gives information on busy and quiet times which you may also find useful. [When to visit The Science Museum: Tips to avoid the queues \(waitamoment.co.uk\)](#)



The Science Museum runs three programmes of free relaxed events:

Early Birds: these sessions usually take place when the museum opens early, from 8 a.m. to 10 a.m. on selected Saturdays and Sundays during the year. These events are aimed at children aged 4- 15 (including siblings) and all places must be pre-booked. More information is available [here](#).

Night Owls: sensory-friendly evenings for autistic individuals aged 16 and over, who need a quieter environment to enjoy the museum. The museum opens exclusively after hours and there will be a variety of fun activities as well as opportunities to explore the galleries. Details of the next session [here](#). The sessions normally take place on Saturdays from 6.30 – 9.30 pm.



SENSory Astronights relaxed after-dark exploration of the museum for ages 7 – 11 – from science shows to camping in one of the galleries, including breakfast and more activities the next morning. This takes place once a year – we await details of the next session (last one was 24th August)

You can sign up for their '[Accessible Newsletter](#)' to hear about events coming up.

We await the date for the next Night Owls session details and booking link [here](#).
Next Early Birds session will be Saturday 11th Jan 8 – 11 am, 15th Feb and 22nd Mar. Details and booking link [here](#)
Next Astronights session – dates awaited - Details and booking link [here](#)

The London Transport Museum



The London Transport Museum frequently runs Early and Evening Explorer Events for families with SEN including Autism. The museum is opened outside their regular hours to allow families to enjoy the museum at a quieter time, free from the general public and with many of the gallery sounds turned off.

Details of their events for families with SEND [here](#) and dates for Family Explorer (SEN) events [here](#).

They also provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. More information including general accessibility information on their website [here](#). as well as a [Social story](#) which may be useful for preparing your child/ren/young person for their visit.

The next Family Explorer SEN event will be on sessions on 10th January 25 (evening event) and 22nd February 25– information [here](#)

Zoos

London Zoo has a programme of inclusive activities including relaxed visits, audio-described tours and BSL Tours from Spring to Autumn— see [here](#).

For more information on all aspects of accessibility at the Zoo see [here](#). Note the [Penguin Pass](#) which enables families with additional needs to avoid the queues. Additionally, there is a programme of regular events for individuals with additional needs. For each of these, a disability concession ticket entitles the holder to a free companion or carer place with each ticket.

Relaxed opening tours are available either early opening 8.30 to 10 am or after the Zoo has closed starting at 6.15 pm, whilst the Zoo is closed to the general public) giving an opportunity to visit part of the zoo whilst it is quiet and calm enough to be a comfortable experience for autistic and neurodivergent children and adults, as well as other people who can benefit from this relaxed environment. Relaxed openings are free to book, but you will need tickets to access the zoo which can be booked online. Information and details of how to book [here](#).



We await dates for the relaxed opening tours for 2025 Details and booking [here](#)

Audio Described Tours take place monthly - [see here for details](#) and information on how to book. This 2-hour tour of the Zoo starts from 10.45 a.m. Audio Description to support blind and partially sighted people to get up close and personal with the animals, guiding the group around the Zoo on a route that includes some tactile models of the animals and, when available, an animal experience.



We await details for the he next Audio described tours for 2025 information and booking [here](#)

British Sign Language Days take place monthly throughout the year, with two 2-hour, tours - delivered in British Sign Language - exploring different areas of the zoo, starting at **11.15 am** in the morning, and **2.15 pm** in the afternoon. The presentations are delivered by deaf presenter John Wilson and will help you learn more about the animals at London Zoo and ZSL's global conservation work. Information and booking [here](#).



We await details for the next BSL day for 2025 Information and booking [here](#).

Hertfordshire Zoo (previously known as Paradise Park) have an accessibility page (including information about discounted tickets) at [Disabled Access to the zoo & play area | Hertfordshire Zoo](#)
The Zoo has sensory bags available for rental which include fidget tools and noise cancelling headphones.

Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on [Accessibility and Inclusivity | Zoological Society of London \(ZSL\)](#) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '[Penguin Pass](#)' for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

Whipsnade Zoo runs regular relaxed early openings on the last Sunday of each month from 9 am to 10 am (although this will sometimes differ due to link into other Zoo events). Dates and booking links are added to the 'Accessible Activities and Relaxed openings' page [here](#)

See [here](#) for details and to book.

We await details for the next relaxed opening.
Information and booking [here](#)

Siblings

Enfield Carers Centre has a programme of support for [young carers](#) including the brothers and sisters of children with additional needs. You can see more about the programme [here](#), including activities during term time and other support available, and there is a brochure with more information on their term-time activities [here](#). You will need to register them using the form on [this page](#) first, and then book the session.

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are:

Telephone [07516 662315](tel:07516662315) Email: info@ourvoiceenfield.org.uk

Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at

<https://www.facebook.com/ourvoiceenfield/> on [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on

Instagram at <https://www.instagram.com/ourvoiceenfield/>



If you no longer wish to receive these emails, and/or would like us to remove your details from our database, please email us and we will remove your details from our mailing list and/or database