

# What's On at February Half-term 2024?



In this update, we give you news of some of the events and activities for children and young people with SEND, which will be taking place over the holidays in (or close) to the Enfield area as well as some days out in London and nearby.

We have included playschemes and some activities and days out. Some of these are specifically aimed at children and young people with additional needs and others are more general but may be suitable for some. Please do check individual websites and talk to the venues/organisers if you are not sure whether something may be suitable.

Whilst every effort has been made to ensure that this information is

accurate, we would recommend that you check with individual venues and providers in advance of any visit. Our website also includes some <u>activities to keep your child</u> <u>entertained at home</u> which may be useful.

We will update this guide with any other relevant information, so if you do hear of something that you think would be useful for other families, do let us know (contact details are at the end of this update).

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# 'Local Offer' information

The Local Offer is the Local Authority website bringing together information about all aspects of provision for children with Special Educational Needs and Disabilities (SEND). It contains a section on <u>activities and things to do</u> and information about <u>'Short Breaks'</u>

More information is in the attached <u>Enfield Children and Young Person's Service Guide for parents and</u> <u>carers</u> on local free and affordable activities. There is also information about <u>accessible toilets and</u> <u>changing facilities</u>.

#### General Guidance

Visiting a new venue can be a daunting experience if you have children with either physical disabilities or sensory impairments. From issues around wheelchair access and accessible toilets to combating your child's anxieties over an unfamiliar environment, the relevant information isn't always easy to find. The <u>AccessAble</u> website gives detailed (and free) information about the accessibility of thousands of venues in the UK - including more than 200 in the Borough of Enfield. The information is available in easy -read format (often useful if you want to look at it with your child/young person) as well as a variety of different languages. Please do note however that some information may have changed as a result of the pandemic, so do check directly with the venue as appropriate. You may also find these guides useful:

- o London attractions: <u>Accessible attractions London Attraction visitlondon.com</u>
- o Rough Guide to Accessible Britain <u>https://www.motability.co.uk/news/rough-guide-to-accessible-britain/</u>
- Accessible days out Disability Horizons <u>10 accessible days out across the UK for disabled people</u> (disabilityhorizons.com)

# Playschemes and other activities

The Local Authority publishes a booklet setting out playschemes and activities for the school holidays. We latest version of this is on the Local Offer <u>here</u> (entitled Holiday Play and Leisure activities booklet) along with additional information about playschemes and after-school clubs.

This includes specialist playschemes (including ALWA, Centre 404 VIP and Cheviots), inclusive playschemes like Endorphins, and other activities. You can see presentations from some of these providers on our website <u>here</u> as well as an overview from the Joint Service for Disabled Children, who manage '<u>Short Breaks'</u> in Enfield.



Holiday Play and Leisure Activities for Children and Young People with SEND Autumn 2023 and Spring 2024



www.enfield.gov.uk



# Sports

Trampolining relaxed sessions

During the Half term holidays, the usual SEND session at Jump In Trampoline Park will run on the evening of Monday 12th February from 6–7 pm

See our flyer on the right and the Jump In website <u>here</u> for more information and booking.



# Trampolining relaxed sessions

Our Voice in conjunction with ENAS

Every **Monday 6 – 7 pm** (exclusive SEN session).

Venue: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS

**Cost** £12 per child (siblings welcome at the same price) and carers go free (show ID at check in).

Please pre-book your place at https://goiumpin.com/adventure-park-enfield/trampoline-park/set trampoline-session/



#### Every Monday 6 – 7 pm

At: Jump In, 22, Lumina Park, Lumina Way, Enfield, EN1 1 FS Parents are responsible for their own children at all times.

Please contact Jump In directly with any queries at 01926 356290 or hello@gojumpin.com

#### Book here

Relaxed sessions are designed specifically for children with additional needs and their families. Numbers are capped and there is no music and reduced lighting to avoid glare.

You will need to fill in a waiver form (which you can do online before arrival), and your child will need to watch the safety video before the session.

#### Swimming sessions

Disability-friendly family swimming sessions take place at the Albany Leisure Centre every Saturday 2.45 to 3.45 pm. Further details <u>here</u> and book via <u>this page</u> (select the correct date to see the booking link) These are sessions that the whole family can use to swim with the young person with disabilities.

The cost is  $\pm 3.00$  per session per person (adult or child).

(Edmonton Leisure Centre is currently closed for health and safety reasons, so their disability-friendly swim sessions on Sunday mornings are currently suspended)

# Disability Family Swim Sessions



# Inclusive Theatre at Chickenshed

Chickenshed is an Inclusive theatre company with a strong focus on supporting individuals with SEND. For details of all their current events and activities see the Chickenshed events page <u>here</u>. Venue: **Chickenshed**, Chase Side, Southgate, N14 4PE, UK

There are a variety of different acting and performance workshops for different age groups.

Tales from the Shed are inclusive theatre shows with aimed at children aged 0-6 years. For February half-term, shows will take place on Saturday 10<sup>th</sup>, Wednesday 14<sup>th</sup>, Thursday 15<sup>th</sup>, Friday 16<sup>th</sup> and Saturday 17<sup>th</sup>. See details and book <u>here.</u>

Shows are at 10 am and 11.30 and last for 50 minutes. £7 for adults and children (free to babies under 6 months).



## Southbank Imagine Children's Festival (relaxed)



The Southbank Centre's Imagine Children's Festival is a relaxed festival aimed at children aged 0-11 and accompanying adults. The programme includes 130 storytelling, dance, crafts and comedy events and 40 – 50% are free to attend (use the 'free' filter when you search). As the festival is relaxed there is an open attitude towards audience noise and movement during the performances, and there are chill-out spaces and noise-cancelling headphones. The festival also features lots of sensory-adapted shows, BSL-interpreted, audio-described shows and non-verbal performances, designed to provide an inclusive environment for all. You can use the 'accessible' filter when you search the 'What's On' page, with a variety of different options.

Information and booking links here.

#### Sensory play for under 5s at the Barbican

'Squish space' is a sensory play space at the Barbican for children aged 5 and under and their families. Sessions take place on selected days from 10 am to 2 or 3 pm.

For more details and to pre-book your free space, see the website <u>here</u>. Places are limited and pre-booking is essential. For any questions, contact <u>Creative.learning@barbican.org.uk</u>



#### Teenagers and 11+

## Our Voice party for ages 14 – 25 – Saturday 17<sup>th</sup> February

We are delighted to announce that booking is now open for our first-ever event for young people with additional needs aged 14 – 25.

You have been telling us for some time that whilst you love our family parties for younger children, some of your teenagers/young adults, would really welcome an event just for them.

We are planning our event on Saturday 17<sup>th</sup> February, from 6 -8 pm at the Ponders End Youth Club.

Numbers are very strictly limited and all places <u>must</u> be prebooked via Eventbrite.

Parents/carers will be expected to remain in the building but will be in a separate area to the young people so everyone can relax!

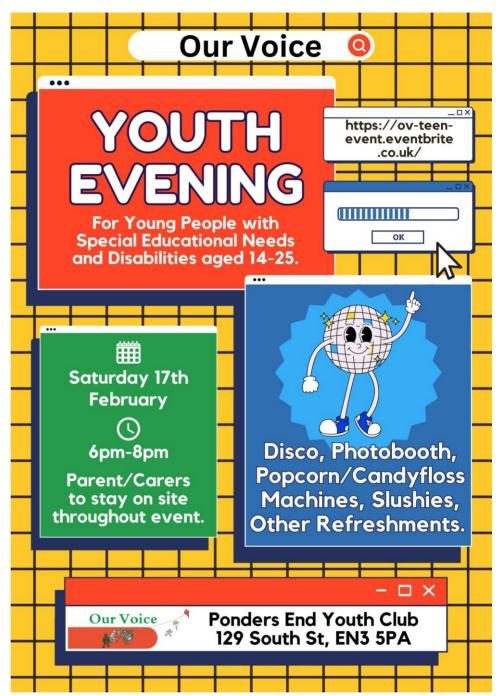
We have lots of fun activities planned for the young people including a disco, photobooth, popcorn and candyfloss machines, slushies and pizza.

Coffee, tea and biscuits for parents and carers, and a chance

to chat with other parents and some of the Our Voice team.

#### Book here.

Numbers at this event are very strictly limited. Please do not turn up without booking – you will not be admitted!



#### SEND youth holiday sessions

The usual SEND Youth Club sessions on Tueday evenings will <u>not</u> be running during half term.

Instead there are SEND specific holiday sessions running from Monday 12<sup>th</sup> February to Wednesday 14th Fbruary, at the Bell Lane Youth Centre. See details and book your place <u>here</u>.

Please note that (notwithstanding the implication of the webpage) your young person does NOT have to be eligible for free school meals to access this provision.

When	Where
🗎 Mon 12 Feb 2024 - Wed 14 Feb	Bell Lane Youth Centre
2024	Bell Lane, Enfield, EN3 5PA
🕚 11:00 am - 3:00 pm	
Age Group	Event Type
25 SEND)	Get Active
	🗅 SEND
Bookings	
	Book Now

Are you free school meals?

## ECYPS Teenscheme

See the flyer below for the ECYPS teenscheme programme for half term. Booking link here.



# Museums and Zoos

#### The London Transport Museum

The London Transport Museum runs a regular series of relaxed events throughout the year and also provide concessionary annual pass rates for visitors with disabilities plus an additional free companion ticket. They have a strong focus on accessibility – more information on their website <u>here</u>, and tools to help you prepare your child for a visit including a <u>Social story</u>

This half-term they are <u>not</u> running any SEN Specific events.



#### Zoos

London Zoo's programme of inclusive events does not begin until March, but you can find general information about accessibility <u>here</u>. Note the <u>Penguin Pass</u> which enables families with additional needs to avoid the queues.

#### Whipsnade Zoo

If you are going further afield Whipsnade Zoo has a useful page on Accessibility and Inclusivity



Zoological Society of London (ZSL) This includes information about disabled parking, accessible toilets, wheelchair access and more. Note the '<u>Penguin Pass'</u> for visitors with additional needs, which can be downloaded to allow you to avoid any queues.

They are not running any relaxed early openings during half term – but you might want to book ahead for the next one which is on

Sunday 25<sup>th</sup> February from 9 am to 10 am. See <u>here</u> for details and to book.

Paradise Park's accessibility page (including information about discounted tickets) is at <u>Disabled Access to</u> the zoo & play area | Paradise Wildlife Park (pwpark.com)

#### Siblings

Enfield Carers Centre has a programme of support for <u>young carers</u> including the brothers and sisters of children with additional needs. You can see more about the programme <u>here</u>. including activities during term time and other support available, and there is a brochure with more information on the main activities <u>here</u> and you can see information about past trips and activities during the holidays <u>here</u>.

During the February half term they are running a 3 day ceramics workshop for young carers aged 5-18 years, taking place from  $13^{th} - 15^{th}$  February – see details <u>here</u>.

For your child to join any of these events, phone the ECC on 0208 3663677 or WhatsApp on 07809 332106. You will need to register them using the form on <u>this page</u> first, and then book the session.

We hope that you have found this update useful. If you have any feedback, or anything that you think we could be telling our families about, please let us know. Our contact details are: Telephone 07516 662315 Email: info@ourvoiceenfield.org.uk Website: www.ourvoiceenfield.org.uk

You can also follow us on our Facebook page at <u>https://www.facebook.com/ourvoiceenfield/</u> on <u>Twitter@EnfieldOurVoice</u> and on Instagram at <u>https://www.instagram.com/ourvoiceenfield/</u>



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