

# Useful links and resources

## [Enfield Parenting Directory](#)

This Directory has a range of evidence-based parenting resources to support parents and carers through each stage of their child's development while learning how to improve their own wellbeing.

## [Enfield SENDIAS](#)

The Enfield **S**pecial **E**ducational **N**eeds and **D**isabilities **I**nformation **A**dvice and **S**upport Service (**SENDIAS** Service) is open to any Enfield resident aged 0 – 25 with special educational needs, their parents and carers and professionals who support these families. This service is impartial, confidential and free to use.

## [Early Help](#)

Enfield Early Help work with the whole family to improve wellbeing, relationships, behaviour and communication by offering advice, support and direct interventions at any point in a child or young person's life, from pre-birth to adulthood. The type of support offered will depend on the needs of the family. The Enfield Early Help Hub has services that support children young people and families. Families can self-refer to Early Help.

## [Enfield Educational Psychology Service Telephone Support Line](#)

Enfield EP Service is offering Enfield parents and carers the opportunity to speak to a member of the Educational Psychology Service (EPS) about a concern or issue they may have in relation to their child.

## [Enfield transitions guidance for starting school](#)

Guidance for settings and parents, and an editable transition book for children.

## [SOS!SEN](#)

SOS!SEN is an independent registered charity started in 2002 by a small group who had spent much of their lives in education or related services. They help parents secure the right educational support for children and young people with special educational needs and disabilities (SEND)

## [IPSEA](#)

IPSEA are the leading charity in the field of SEND law in England, and provide free and independent legal advice and support to families of children and young people with SEND. They also provide training on the SEND legal framework, and influence policy at both a local and national level.