



# We are looking for...

**People with lived experience of autism to  
take part in our focus group.**

## About this project

Autistic people, on average, experience poorer physical and mental health than non-autistic people.

We want to understand why, and what can be done to help.

To do this, we are holding an online focus group discussion with autistic people.

This will help us to make recommendations about the key actions that the NHS can take to improve autistic people's health and wellbeing.

This project has been commissioned by NHS England and Improvement.

## We are looking for autistic people who:

- Would like to share their experiences
- Can help us identify how services can be improved



**Date:** Tuesday 11<sup>th</sup> January 2022

**Time:** 1pm – 3pm including a break

**Location:** Online on Microsoft Teams

**Remuneration:** £50 voucher (for non-NHS staff)

**If you are interested in taking part, please contact:**

**Ellie Moore, Researcher at the Strategy Unit**

**[ellie.moore9@nhs.net](mailto:ellie.moore9@nhs.net) / 07423794371**