

EMOTIONAL WELL-BEING AND YOUR CHILD

OUR VOICE, EDUCATIONAL PSYCHOLOGY SERVICE AND MY YOUNG MINDS ENFIELD TUESDAY 19TH NOVEMBER 2024

This event will be hosted by Our Voice – the Parent Carer forum for Enfield. We will be joined by senior representatives from the Educational Psychology Service (EPS) and My Young Minds Enfield (MYME)

Registration from 9.30 am	
10 – 11.15 am	Overview and Q&A session
11.15 -11.30 am	Coffee break
11.30 am – 12.30 pm	Top Tips for supporting your child with their worries and fears
	Plus: 1:1 appointments with a member of the EPS team (subject to availability- must be pre-booked)



OUR VOICE



Our Voice is the official parent carer forum supporting the families of children and young people aged 0 -25 years with Special Educational Needs or Disabilities (SEND), living or attending school, nursery or college in the London Borough of Enfield. We are not part of the Local Authority but we work with the Local Authority and Health Services to improve services for the families that we represent.

For more information see our website www.ourvoiceenfield.org.uk (or use the QR Code)



Email us at info@ourvoiceenfield.org.uk

Telephone 07516 662315

Join our mailing list to be kept up to date on all our events, relevant local events and local and national developments regarding SEND.

Follow us on Facebook at <https://www.facebook.com/ourvoiceenfield/> on X/Twitter [Twitter@EnfieldOurVoice](https://twitter.com/EnfieldOurVoice) and on Instagram at <https://www.instagram.com/ourvoiceenfield/>



EDUCATIONAL PSYCHOLOGY (EPS)

What does the Educational Psychology Service offer?

Educational Psychologists (EPs) work with children and their families, up to the age of 25. We work with children across the range of needs, including learning, communication and interaction, social emotional and mental health, and physical and sensory needs.

The Educational Psychology Service (EPS) carries out an assessment for children as part of their Education, Health and Care Needs Assessment (ECHNA). We also become involved in reassessments of children with EHCPs, and SENDIST tribunal cases, at the request of the SEN Service.

Enfield schools purchase time from the EPS, with over 1000 days purchased in this financial year. This 'traded' time is used for consultations, assessments, training and interventions, as agreed between the school SENCO and the link Educational Psychologist (EP). Participation in annual reviews for children with EHCPs also currently comes from schools' traded time.

EPs also work in a range of other LA and health services, including: MYME (My Young Mind Enfield); Enfield Advisory Service for Autism (EASA); SWERRL (Primary Behaviour Support Service); Enfield Communication Advisory Support Service (ECASS); Virtual School for Looked After Children; Virtual School for Children in Need and Children on Child Protection Plans; Youth Justice Service; Admissions Service; Attendance Support Unit at West Lea.

The EPS leads Enfield Trauma Informed Practice in Schools & Settings (ETIPSS) which is a partnership of services. The EPS also provides ELSA and MeLSA training and supervision for schools. Emotional Literacy Support Assistants (ELSAs) support children with emotional needs at school. Mediated Learning Support Approach (MeLSA) applies psychology to teaching and learning, supporting with their learning.

You can find out more about all of our work on our website:



If you think your child needs EP involvement, you should speak to the school SENCO.

If you would like advice for yourself about anything related to your child's learning, wellbeing and development, you can book a telephone call with the EPS telephone support line:



MY YOUNG MINDS ENFIELD (MYME)

About MYME

We are the Enfield CAMHS Mental Health Support Team. This is an NHS-funded national initiative to increase access to mental health provision, by offering early intervention and prevention to mainstream primary and secondary schools. The service is led by CAMHS in partnership with Enfield Educational Psychology Service. We were renamed locally as My Young Mind Enfield (MYME) a friendlier, approachable, & suitable name for children and young people of all ages. This name was co-produced with children and parents.

Our team is made up of a wide range of professionals including Education Mental Health Practitioners & Children's Wellbeing Practitioners, CAMHS Clinical Professionals and Supervisors, Educational Psychologists and Clinical and Team Leads.

What does MYME offer?

MYME has three core functions:

- To provide evidence-based support for children and young people presenting with mild to moderate mental health concerns (e.g., anxiety / low mood/behaviour), and their parents.
- To work closely with the senior mental health leads in schools to promote their whole school approaches to mental health.
- To work closely with senior mental health leads in schools to signpost children, young people, families and schools to access the right support at the right time.

Co-production with children and families is an important part of MYME's work. We are piloting a 16-18+ self-referral project in schools, and have run focus groups with young people and parents and carers in schools.

MYME is currently working in 69% of Enfield schools with an expansion to all schools by 2026. MYME is part of the Enfield Trauma Informed Practice in Schools & Settings (ETIPSS) partnership.

You can find out more about all of our work on our webpage:



If you think your child needs support from MYME, you should speak to the school SENCO or Senior Mental Health Lead. If your child is in crisis, you can call the mental health crisis support line available 24 hours a day, seven days a week on 0800 151 0023. If it is a medical emergency, your child is seriously ill or there is a risk to their life, you should call 999.



WHO'S WHO AT THIS EVENT



Seema Islam is the Chair of Our Voice Parent Carer Forum



Dr Leylla Mulisa is the Senior Lead Educational Psychologist for Social Emotional and Mental Health. She works with the EPS and with MYME.



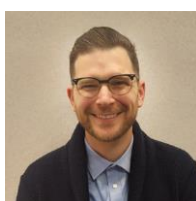
Dr Emma Gore Langton is the Deputy Principal Educational Psychologist and EPS Service Manager.



Dr Neerose Ubha is a Senior Educational Psychologist in the EPS.



Dr Rebekah Boyd is a Senior Educational Psychologist in the EPS.



Arno Basson is a Senior Educational Psychologist in the EPS.



Shelina Ladha is a Senior Practitioner Educational Psychologist. She works with the EPS, MYME and SWERRL (the Primary Behaviour Support Service).



Stacy-Ann Williams is a Trainee Educational Psychologist with the EPS. She also works with MYME.



Sarah McGillen is a Senior Specialist Nurse Therapist and Systemic Practitioner. She is the MYME Co Clinical team lead.



Katie Kavanagh is a Senior Children's Wellbeing Practitioner in MYME.



Kajal Patel is an Education Mental Health Practitioner with MYME.

ADDITIONAL INFORMATION

The EPS one-page leaflet *What to expect when an EP becomes involved with your child at school* is available in English:

https://www.enfield.gov.uk/_data/assets/pdf_file/0023/52556/English-What-to-expect-EP-leaflet-Education.pdf

Turkish:

https://www.enfield.gov.uk/_data/assets/pdf_file/0024/52557/ECSL3140-What-to-expect-EP-leaflet_Turkish.pdf

Somali:

https://www.enfield.gov.uk/_data/assets/pdf_file/0025/52558/ECSL3140-What-to-expect-EP-leaflet_Somalian.pdf